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## Anuario español e hispoamericano del libro y de las artes gráficas

**Medicina naturista de urgencia** - Nicolás Capo - 1950

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**Trofología práctica y trofoterapia : medicina naturista de urgencia** - Nicolás Capo Baratta - 2012-02

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**Library of Congress Catalog** - Library of Congress - 1974-10  
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**The National Union Catalog, Pre-1956 Imprints** - Library of Congress - 1970

**The National Union Catalog, Pre-1956 Imprints** - Library of Congress - 1970

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**Library of Congress Catalogs** - Library of Congress - 1976

**Vegetarianism** - Judith C. Dyer - 1982

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**Bibliografía española** - - 1977

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**The Westcoast Kid** - Travis D. Waters - 2012-12-01  
After experiencing a tumultuous early childhood, young Travis turned all his energy to the only thing he knew he could count on sports. After excelling in high school basketball and becoming his school's first great player, his life took a fateful and tragic turn. In his compelling memoir, *The Westcoast Kid: My Redemption*, Waters chronicles the events that led up to taking a very different path in life away from college and into the dangerous world of drug smuggling for Pablo Escobar's cartel. As he became immersed in the lure of fast money and faster women, his life began spiraling downhill. Eventually, he was arrested and convicted of drug smuggling, forcing him to enter the turbulent prison system. Life behind the prison walls became a struggle to survive when fellow inmates found out his high school rival was NFL star Deion Sanders. Waters shares how he found the determination to rebuild his life after being released. Waters tells the inspiring story of his struggle to find his place in life, hoping to encourage young adults to shun bad choices, opt for the right path, and follow their dreams.

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**Brief Strategic Solution-oriented Therapy of Phobic and Obsessive Disorders** - Giorgio Nardone - 1996

This book is about psychological disorders based on irrational fears - those apparently unmotivated, paralyzing, panic-filled, gutwrenching fears whose multiplicity and diversity are barely contained in the diagnoses phobias and obsessional disorders. The author, worldrenowned therapist Giorgio Nardone, offers a brief (usually less than 20 session) treatment method that leads to a change in the interpersonal, cognitive, and emotional organizations underlying these painful and all too-common problems. Therapists using a strategic framework focus on reframing patients' representations of self and other, and on changing the relational patterns that sustain fearful perceptions. Based on extensive research and illustrated with in-depth clinical examples, this book offers hope to those whose lives have been unnecessarily limited by their phobias and obsessions. Strategic brief therapy, as developed by John H. Weakland, Paul Watzlawick, and Richard Fisch, is based on a very simple idea: problems are accidentally maintained by our repeated, failed attempts at solving them. In this book, Giorgio Nardone uses the strategic brief therapy lens to focus on how particular troubles are accidentally maintained and how therapist and client can overcome them. The follow-up (79 percent resolved and 7 percent much improved) certainly points to the efficacy of Nardone's approach. Giorgio Nardone's strategic psychotherapy model shows specific originality and an innovative quality compared to other brief therapy models. Phobic and obsessive disorders are difficult to treat. Nardone's model achieves rapid symptom remission even in severe forms of panic, fear, and phobia. This book is a very practical manual for professionals because it guides the reader clearly through the different stages of therapy and presents treatment protocol as well as concrete examples of results. A study of two clinical cases, complete with a transcript of therapy, not only enhances comprehension of the model but underscores the brilliance of the

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**The Miraculous Day of Amalia Gómez** - John Rechy - 2007-12-01

A Los Angeles Latina woman living in poverty and hoping for miracles "comes to stunning and heartbreaking life" in this novel from an award-winning author (Newsday). On a hot, still day in May, Amalia Gómez sees—or thinks she sees—a large silver cross in the sky. Does this vision foretell a miracle? The pragmatic, twice-divorced Amalia is doubtful . . . Amalia's neighborhood—a decaying area near a shabby part of Hollywood Boulevard—is under attack from gang wars and the police. Her live-in boyfriend is behaving suspiciously, her "fast" teenage daughter Gloria has become too much to handle, and her teenage son is hinting he's in serious trouble. Most of all, Amalia is haunted by thoughts of her past and her first-born, dead in jail under mysterious circumstances. As the epiphanies and small omens of Amalia's day build to a climax as wondrous as it is shattering, PEN Center USA's Lifetime Achievement Award-winning author John Rechy takes us into the complicated life of a Chicano family living in Los Angeles—in all its spirited, gritty reality, giving us "a novel with more truth in it than a carload of best-sellers" (The Washington Post). "A fierce book . . . [told in] tough, uninhibited prose." —The Hartford Courant "A vivid and touching novel . . . Rough, heartbreaking . . . Rechy is masterful." —San Antonio Express-News "A triumph, a sad, beautiful and loving book rooted in cultural experience as well as deep intuition." —Newsday "[An] ardently feminist piece of writing. By portraying her abusive past, the poverty and narrow choices facing Amalia Gomez, Rechy illuminates the plight of certain minority women who remain locked in the dark ages of female emancipation, shut off from any help . . . Amalia Gomez may be the main character, but poverty and ignorance, injustice and fear, are the real subjects of this engaging novel." —Los Angeles Times

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**Fashionable Nonsense** - Alan Sokal - 2014-01-14  
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Los trastornos mentales producen síntomas en el cuerpo? los problemas físicos afectan a la salud mental? Gran cantidad de síntomas físicos o corporales aparecen frecuentemente en trastornos psiquiátricos revelando la estrecha interacción existente entre el cuerpo y la mente. Las personas con trastornos de la conducta alimentaria necesitan una atención multidimensional para responder a los diferentes aspectos que engloban dichos trastornos. La insatisfacción corporal, la percepción distorsionada del propio cuerpo, la incapacidad para identificar sensibilidades internas (ej. hambre y saciedad), el rechazo hacia regiones corporales específicas (muslos, caderas y estómago) y el estado general de ineffectividad física y baja autoestima son características comunes que presentan los pacientes con anorexia nerviosa. Enfrentarse al propio cuerpo y al contacto corporal con otras personas suele vivirse como algo negativo. La Fisioterapia en salud mental ofrece una metodología de tratamiento que ha mostrado efectividad y es actualmente aplicada en los centros sanitarios de muchos países europeos (Suecia, Noruega, Dinamarca, Bélgica, etc.)."

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