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Character Strengths and Virtues - Christopher Peterson
2004-04-08

"Character" has become a front-and-center topic in contemporary discourse, but this term does not have a fixed meaning. Character may be simply defined by what someone does not do, but a more active and thorough definition is necessary, one that addresses certain vital questions. Is character a singular characteristic of an

individual, or is it composed of different aspects? Does character--however we define it--exist in degrees, or is it simply something one happens to have? How can character be developed? Can it be learned? Relatedly, can it be taught, and who might be the most effective teacher? What roles are played by family, schools, the media, religion, and the larger culture? This groundbreaking handbook of character strengths and virtues

is the first progress report from a prestigious group of researchers who have undertaken the systematic classification and measurement of widely valued positive traits. They approach good character in terms of separate strengths—authenticity, persistence, kindness, gratitude, hope, humor, and so on—each of which exists in degrees. *Character Strengths and Virtues* classifies twenty-four specific strengths under six broad virtues that consistently emerge across history and culture: wisdom, courage, humanity, justice, temperance, and transcendence. Each strength is thoroughly examined in its own chapter, with special attention to its meaning, explanation, measurement, causes, correlates, consequences, and development across the life span, as well as to strategies for its deliberate cultivation. This book demands the attention of anyone interested in psychology and what it can teach about the good life.

Arthrogryposis - Lynn T.

Staheli 1998-04-28

The term arthrogryposis describes a range of congenital contractures that lead to childhood deformities. It encompasses a number of syndromes and sporadic deformities that are rare individually but collectively are not uncommon. Yet, the existing medical literature on arthrogryposis is sparse and often confusing. The aim of this book is to provide individuals affected with arthrogryposis, their families, and health care professionals with a helpful guide to better understand the condition and its therapy. With this goal in mind, the editors have taken great care to ensure that the presentation of complex clinical information is at once scientifically accurate, patient oriented, and accessible to readers without a medical background. The book is authored primarily by members of the medical staff of the Arthrogryposis Clinic at Children's Hospital and Medical Center in Seattle, Washington, one of the leading teams in the management of

the condition, and will be an invaluable resource for both health care professionals and families of affected individuals.

Users' Guides to the Medical Literature - Gordon Guyatt
2008-03-01

The #1 guide to the principles and clinical applications of evidence-based medicine has just gotten better! A Doody's Core Title ESSENTIAL PURCHASE for 2011! No other resource helps you to put key evidence-based medicine protocols into daily clinical practice better than Users' Guides to the Medical Literature. An instant classic in its first edition, this detailed, yet highly readable reference demystifies the statistical, analytical, and clinical principles of evidence-based medicine, giving you a hands-on, practical resource that no other text can match. Here, you'll learn how to distinguish solid medical evidence from poor medical evidence, devise the best search strategies for each clinical question, critically appraise the medical literature, and optimally tailor evidence-

based medicine for each patient. The new second edition of this landmark resource is now completely revised and refreshed throughout, with expanded coverage of both basic and advanced issues in using evidence-based medicine in clinical practice. FEATURES: Completely revised and updated to reflect the enormous expansion in medical research and evidence-based resources since the first edition Innovative organization guides you from the fundamentals of using the medical literature to the more advanced strategies and skills for use in every day patient care situations Abundant and current real-world examples drawn from the medical literature are woven throughout, and include important related principles and pitfalls in using medical literature in patient care decisions Practical focus on the key issues in evidence-based practice: What are the results? Are the results valid? How to I apply to results to the care of my patients? More than 60

internationally recognized editors and contributors from the U.S., Canada, South America, Europe, and Asia -- the best of the best in the discipline NEW coverage on how to: --Avoid being misled by biased presentations of research findings --Interpret the significance of clinical trials that are discontinued early --Influence clinician behavior to improve patient care --Apply key strategies for teaching evidence-based medicine Also look for JAMAevidence.com, a new interactive database for the best practice of evidence based medicine.

Construction Quantity Surveying - Donald Towey
2017-09-05

The revised and updated comprehensive resource for Quantity Surveyors working with a construction contractor The second edition of Construction Quantity Surveying offers a practical guide to quantity surveying from a main contractor's perspective. This indispensable resource covers measurement

methodology (including samples using NRM2 as a guide), highlights the complex aspects of a contractor's business, reviews the commercial and contractual management of a construction project and provides detailed and practical information on running a project from commencement through to completion. Today's Quantity Surveyor (QS) plays an essential role in the management of construction projects, although the exact nature of the role depends on who employs the QS. The QS engaged by the client and the contractor's QS have different parts to play in any construction project, with the contractor's QS role extending beyond traditional measurement activities, to encompass day-to-day tasks of commercial building activities including estimating, contract administration, and construction planning, as well as cost and project management. This updated and practical guide: Focuses on the application, knowledge and

training required of a modern Quantity Surveyor Clearly shows how Quantity Surveying plays an essential central role within the overall management of construction projects Covers measurement methodology, the key elements of the contractor's business and the commercial and contractual management of a construction project The construction industry changes at fast pace meaning the quantity surveyor has a key role to play in the successful execution of construction projects by providing essential commercial input. Construction Quantity Surveying meets this demand as an up-to-date practical guide that includes the information needed for a Quantity Surveyor to perform at the highest level. It clearly demonstrates that quantity surveying is not limited to quantifying trade works and shows it as an important aspect of commercial and project management of construction projects.

Medicinal Mushrooms - A Clinical Guide - Martin Powell

2015-01-22

Updated and expanded second edition of the leading reference book on the clinical use of medicinal mushrooms. Written by a biochemist and herbalist with over 20 years' experience of working with medicinal mushrooms, this book provides an in-depth resource for healthcare practitioners. It covers 20 of the most widely used species and contains sections on their use for cancer and other health conditions, as well as discussion of the different formats of mushroom supplement available . 'This really important book is a unique and excellent compilation.' Dr SP Wasser - Editor, International Journal of Medicinal Mushrooms 'This beautifully illustrated book is an invaluable resource on medicinal mushrooms.' Giovanni Maciocia - Author, Foundations of Chinese Medicine 'Easily the most accessible primer on the pharmacology, applications and Chinese medical uses of the top mycological medicinals.'

Journal of Chinese Medicine

Working Mother - 2001-10

The magazine that helps career moms balance their personal and professional lives.

American Psychiatric Association Practice Guidelines - American

Psychiatric Association 1996

The aim of the American Psychiatric Association Practice Guideline series is to improve patient care.

Guidelines provide a comprehensive synthesis of all available information relevant to the clinical topic. Practice guidelines can be vehicles for educating psychiatrists, other medical and mental health professionals, and the general public about appropriate and inappropriate treatments. The series also will identify those areas in which critical information is lacking and in which research could be expected to improve clinical decisions. The Practice Guidelines are also designed to help those charged with overseeing the utilization and reimbursement of psychiatric services to develop more scientifically based and

clinically sensitive criteria.

Complete Guide for Growing Plants Hydroponically - J.

Benton Jones, Jr. 2014-02-13

With the continued implementation of new equipment and new concepts and methods, such as hydroponics and soilless practices, crop growth has improved and become more efficient. Focusing on the basic principles and practical growth requirements, the Complete Guide for Growing Plants Hydroponically offers valuable information for the commercial grower, the researcher, the hobbyist, and the student interested in hydroponics. It provides details on methods of growing that are applicable to a range of environmental growing systems. The author begins with an introduction that covers the past, present, and future of hydroponics. He also describes the basic concepts behind how plants grow, followed by several chapters that present in-depth practical details for hydroponic growing systems: The essential plant nutrient elements The

nutrient solution Rooting media Systems of hydroponic culture Hydroponic application factors These chapters cover the nutritional requirements of plants and how to best prepare and use nutrient solutions to satisfy plant requirements, with different growing systems and rooting media, under a variety of conditions. The book gives many nutrient solution formulas and discusses the advantages and disadvantages of various hydroponic systems. It also contains a chapter that describes a school project, which students can follow to generate nutrient element deficiency symptoms and monitor their effects on plant growth.

Setting Course - Craig Schultz 1994

Ten Steps to a Results-Based Monitoring and Evaluation System - Jody Zall Kusek 2004-06-15

This Handbook provides a comprehensive ten-step model that will help guide development practitioners through the process of

designing and building a results-based monitoring and evaluation system.

Billboard - 1986-11-22

In its 114th year, *Billboard* remains the world's premier weekly music publication and a diverse digital, events, brand, content and data licensing platform. *Billboard* publishes the most trusted charts and offers unrivaled reporting about the latest music, video, gaming, media, digital and mobile entertainment issues and trends.

Practical Recording Techniques - Bruce Bartlett 1998

An updated handbook provides a definitive overview of the latest digital techniques for recording music both on location and in recording studios, covering equipment selection and use, acoustics, microphone techniques, and analog and digital recording, as well as all new coverage of digital recording technology and techniques, a detailed instrument frequency range chart, special sound effects, and more. Original.

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Popular Mechanics - 1975-05

Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

Billboard - 1994-04-16

In its 114th year, Billboard remains the world's premier weekly music publication and a diverse digital, events, brand, content and data licensing platform. Billboard publishes the most trusted charts and offers unrivaled reporting about the latest music, video, gaming, media, digital and mobile entertainment issues and trends.

Autocar - 2004

Schools of Thought - Rexford

Brown 1993-08-10

As a result of his visits to classrooms across the nation, Brown has compiled an engaging, thought-provoking

collection of classroom vignettes which show the ways in which national, state, and local school politics translate into changed classroom practices. "Captures the breadth, depth, and urgency of education reform".--Bill Clinton.

A Basic Guide to Exporting -

Jason Katzman 2011-03-23

Here is practical advice for anyone who wants to build their business by selling overseas. The International Trade Administration covers key topics such as marketing, legal issues, customs, and more. With real-life examples and a full index, A Basic Guide to Exporting provides expert advice and practical solutions to meet all of your exporting needs.

Salt, Fat, Acid, Heat - Samin

Nosrat 2017-04-25

Now a Netflix series New York Times Bestseller and Winner of the 2018 James Beard Award for Best General Cookbook and multiple IACP Cookbook Awards Named one of the Best Books of 2017 by: NPR, BuzzFeed, The Atlantic, The

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Washington Post, Chicago Tribune, Rachel Ray Every Day, San Francisco Chronicle, Vice Munchies, Elle.com, Glamour, Eater, Newsday, Minneapolis Star Tribune, The Seattle Times, Tampa Bay Times, Tasting Table, Modern Farmer, Publishers Weekly, and more. A visionary new master class in cooking that distills decades of professional experience into just four simple elements, from the woman declared "America's next great cooking teacher" by Alice Waters. In the tradition of *The Joy of Cooking* and *How to Cook Everything* comes *Salt, Fat, Acid, Heat*, an ambitious new approach to cooking by a major new culinary voice. Chef and writer Samin Nosrat has taught everyone from professional chefs to middle school kids to author Michael Pollan to cook using her revolutionary, yet simple, philosophy. Master the use of just four elements--Salt, which enhances flavor; Fat, which delivers flavor and generates texture; Acid, which balances flavor; and Heat, which ultimately determines the

texture of food--and anything you cook will be delicious. By explaining the hows and whys of good cooking, *Salt, Fat, Acid, Heat* will teach and inspire a new generation of cooks how to confidently make better decisions in the kitchen and cook delicious meals with any ingredients, anywhere, at any time. Echoing Samin's own journey from culinary novice to award-winning chef, *Salt, Fat, Acid, Heat* immediately bridges the gap between home and professional kitchens. With charming narrative, illustrated walkthroughs, and a lighthearted approach to kitchen science, Samin demystifies the four elements of good cooking for everyone. Refer to the canon of 100 essential recipes--and dozens of variations--to put the lessons into practice and make bright, balanced vinaigrettes, perfectly caramelized roast vegetables, tender braised meats, and light, flaky pastry doughs. Featuring 150 illustrations and infographics that reveal an atlas to the world of flavor by renowned illustrator Wendy

MacNaughton, Salt, Fat, Acid, Heat will be your compass in the kitchen. Destined to be a classic, it just might be the last cookbook you'll ever need. With a foreword by Michael Pollan.

Lightning Protection Guide - Dehn + Söhne (Neumarkt i.d. OPf.) 2014

Report of the Presidential Commission on the Space Shuttle Challenger Accident - DIANE Publishing Company 1995-07

Reviews the circumstances surrounding the Challenger accident to establish the probable cause or causes of the accident. Develops recommendations for corrective or other action based upon the Commission's findings and determinations. Color photos, charts and tables.

The Financial Crisis Inquiry Report - Financial Crisis Inquiry Commission 2011-05-01

The Financial Crisis Inquiry Report, published by the U.S. Government and the Financial

Crisis Inquiry Commission in early 2011, is the official government report on the United States financial collapse and the review of major financial institutions that bankrupted and failed, or would have without help from the government. The commission and the report were implemented after Congress passed an act in 2009 to review and prevent fraudulent activity. The report details, among other things, the periods before, during, and after the crisis, what led up to it, and analyses of subprime mortgage lending, credit expansion and banking policies, the collapse of companies like Fannie Mae and Freddie Mac, and the federal bailouts of Lehman and AIG. It also discusses the aftermath of the fallout and our current state. This report should be of interest to anyone concerned about the financial situation in the U.S. and around the world. THE FINANCIAL CRISIS INQUIRY COMMISSION is an independent, bi-partisan, government-appointed panel of

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10 people that was created to "examine the causes, domestic and global, of the current financial and economic crisis in the United States." It was established as part of the Fraud Enforcement and Recovery Act of 2009. The commission consisted of private citizens with expertise in economics and finance, banking, housing, market regulation, and consumer protection. They examined and reported on "the collapse of major financial institutions that failed or would have failed if not for exceptional assistance from the government." News Dissector DANNY SCHECHTER is a journalist, blogger and filmmaker. He has been reporting on economic crises since the 1980's when he was with ABC News. His film In Debt We Trust warned of the economic meltdown in 2006. He has since written three books on the subject including Plunder: Investigating Our Economic Calamity (Cosimo Books, 2008), and The Crime Of Our Time: Why Wall Street Is Not Too Big to Jail (Disinfo

Books, 2011), a companion to his latest film Plunder The Crime Of Our Time. He can be reached online at www.newsdissector.com.

Working Mother - 2001-10

The magazine that helps career moms balance their personal and professional lives.

Cumulated Index Medicus - 1999

The Ultimate Guide To Choosing a Medical Specialty -

Brian Freeman 2004-01-09

The first medical specialty selection guide written by residents for students!

Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominate with practitioners of each specialty. "A terrific mixture of objective

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information as well as factual data make this book an easy, informative, and interesting read.” --Review from a 4th year Medical Student

Designing Brand Identity - Alina Wheeler 2012-10-11

A revised new edition of the bestselling toolkit for creating, building, and maintaining a strong brand From research and analysis through brand strategy, design development through application design, and identity standards through launch and governance, *Designing Brand Identity, Fourth Edition* offers brand managers, marketers, and designers a proven, universal five-phase process for creating and implementing effective brand identity. Enriched by new case studies showcasing successful world-class brands, this Fourth Edition brings readers up to date with a detailed look at the latest trends in branding, including social networks, mobile devices, global markets, apps, video, and virtual brands. Features more than 30 all-new case studies showing best

practices and world-class Updated to include more than 35 percent new material Offers a proven, universal five-phase process and methodology for creating and implementing effective brand identity

Strengthening Forensic Science in the United States

- National Research Council 2009-07-29

Scores of talented and dedicated people serve the forensic science community, performing vitally important work. However, they are often constrained by lack of adequate resources, sound policies, and national support. It is clear that change and advancements, both systematic and scientific, are needed in a number of forensic science disciplines to ensure the reliability of work, establish enforceable standards, and promote best practices with consistent application. *Strengthening Forensic Science in the United States: A Path Forward* provides a detailed plan for addressing these needs and suggests the creation of a new government

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entity, the National Institute of Forensic Science, to establish and enforce standards within the forensic science community. The benefits of improving and regulating the forensic science disciplines are clear: assisting law enforcement officials, enhancing homeland security, and reducing the risk of wrongful conviction and exoneration. Strengthening Forensic Science in the United States gives a full account of what is needed to advance the forensic science disciplines, including upgrading of systems and organizational structures, better training, widespread adoption of uniform and enforceable best practices, and mandatory certification and accreditation programs. While this book provides an essential call-to-action for congress and policy makers, it also serves as a vital tool for law enforcement agencies, criminal prosecutors and attorneys, and forensic science educators.

Modern Recording Techniques - David Miles Huber 2012-09-10

As the most popular and authoritative guide to recording Modern Recording Techniques provides everything you need to master the tools and day to day practice of music recording and production. From room acoustics and running a session to mic placement and designing a studio Modern Recording Techniques will give you a really good grounding in the theory and industry practice. Expanded to include the latest digital audio technology the 7th edition now includes sections on podcasting, new surround sound formats and HD and audio. If you are just starting out or looking for a step up in industry, Modern Recording Techniques provides an in depth excellent read- the must have book

Applied Behavior Analysis - John O. Cooper 2020

Pocket Book of Hospital Care for Children - World Health Organization 2013
The Pocket Book is for use by doctors nurses and other

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health workers who are responsible for the care of young children at the first level referral hospitals. This second edition is based on evidence from several WHO updated and published clinical guidelines. It is for use in both inpatient and outpatient care in small hospitals with basic laboratory facilities and essential medicines. In some settings these guidelines can be used in any facilities where sick children are admitted for inpatient care. The Pocket Book is one of a series of documents and tools that support the Integrated Managem.

A Pocket Guide to Public Speaking - Dan O'Hair
2015-11-27

This best-selling brief introduction to public speaking offers practical coverage of every topic typically covered in a full-sized text, from invention, research and organization, practice and delivery, to the different speech types. Its concise, inexpensive format makes it perfect not only for the public speaking course, but

also for any setting across the curriculum, on the job, or in the community. This newly redesigned full-color edition offers even stronger coverage of the fundamentals of speechmaking, while also addressing the changing realities of public speaking in a digital world. It features fully updated chapters on online presentations and using presentation software, and a streamlined chapter on research in print and online.

Broadcast Announcing Worktext - Alan R. Stephenson
2013

The Broadcast Announcing Worktext provides you with the skills, techniques, and procedures necessary to enter this highly competitive field of broadcast performance.

Factual information is presented in easy-to-digest modules and projects that encourage active participation. Each chapter concludes with a self-study section students can use to test themselves. The companion website illustrates techniques and concepts with audio and visual examples that

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help students to learn better broadcast performance techniques. New to this edition are brand new audio clips and videos, interviews with industry professionals, and updated content throughout, including a new section on social media in the news.

Egypt Today - 2009

The Microphone Book - John Eargle 2012-10-02

The Microphone Book is the only guide you will ever need to the latest in microphone technology, application and technique. This new edition features, more on microphone arrays and wireless microphones; a new chapter on classic old models; the latest developments in surround; expanded advice on studio set up, recording and mic selection; improved layout for ease of reference; even more illustrations. John Eargle provides detailed analysis of the different types of microphones available. He then addresses their application through practical examples of actual recording sessions and

studio operations. Surround sound is covered from both a creative and a technical viewpoint. This classic reference takes the reader into the studio or concert hall to see how performers are positioned and how the best microphone array is determined. Problem areas such as reflections, studio leakage and isolation are analyzed from practical viewpoints. Creative solutions to such matters as stereo sound staging, perspective, and balance are also covered in detail. Recording and sound reinforcement engineers at all levels of expertise will find The Microphone Book an invaluable resource for learning the 'why' as well as the 'how' of choosing a microphone for any situation.

Finding What Works in

Health Care - Institute of Medicine 2011-07-20

Healthcare decision makers in search of reliable information that compares health interventions increasingly turn to systematic reviews for the best summary of the evidence. Systematic reviews identify, select, assess, and synthesize

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the findings of similar but separate studies, and can help clarify what is known and not known about the potential benefits and harms of drugs, devices, and other healthcare services. Systematic reviews can be helpful for clinicians who want to integrate research findings into their daily practices, for patients to make well-informed choices about their own care, for professional medical societies and other organizations that develop clinical practice guidelines. Too often systematic reviews are of uncertain or poor quality. There are no universally accepted standards for developing systematic reviews leading to variability in how conflicts of interest and biases are handled, how evidence is appraised, and the overall scientific rigor of the process. In *Finding What Works in Health Care* the Institute of Medicine (IOM) recommends 21 standards for developing high-quality systematic reviews of comparative effectiveness research. The standards address the entire systematic

review process from the initial steps of formulating the topic and building the review team to producing a detailed final report that synthesizes what the evidence shows and where knowledge gaps remain. *Finding What Works in Health Care* also proposes a framework for improving the quality of the science underpinning systematic reviews. This book will serve as a vital resource for both sponsors and producers of systematic reviews of comparative effectiveness research.

The Viewpoints Book - Anne Bogart 2004-08-01

First major exploration of a ground-breaking new technique for actors and theatre artists.

The Small Business Bible - Steven D. Strauss 2012-03-27
An updated third edition of the most comprehensive guide to small business success
Whether you're a novice entrepreneur or a seasoned pro, *The Small Business Bible* offers you everything you need to know to build and grow your

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dream business. It shows you what really works (and what doesn't!) and includes scores of tips, insider information, stories, and proven secrets of success. Even if you've run your own business for years, this handy guide keeps you up to date on the latest business and tech trends. This Third Edition includes entirely new chapters devoted to social media, mobility and apps, and new trends in online discounting and group buying that are vital to small business owners everywhere. New chapters include: How to use Facebook, Twitter, and other social media tools to engage customers and potential stakeholders How to generate leads and win strategic partnerships with LinkedIn How to employ videos and YouTube to further your brand What you need to know about Groupon and group discount buying What mobile marketing can do for your business Give your small business its best shot by understanding the best and latest small business strategies, especially in this

transformative and volatile period. The Small Business Bible offers every bit of information you'll need to know to succeed.

New Mini - Martyn Collins
2012-06-29

Having this book in your pocket is just like having a real marque expert by your side. Benefit from the author's years of Mini ownership, learn how to spot a bad car quickly, and how to assess a promising one like a professional. Get the right car at the right price!

The Sound Reinforcement Handbook - Gary Davis 1989

(Yamaha Products). Sound reinforcement is the use of audio amplification systems. This book is the first and only book of its kind to cover all aspects of designing and using such systems for public address and musical performance. The book features information on both the audio theory involved and the practical applications of that theory, explaining everything from microphones to loudspeakers. This revised edition features almost 40 new

pages and is even easier to follow with the addition of an index and a simplified page and chapter numbering system.

New topics covered include: MIDI, Synchronization, and an Appendix on Logarithms. 416

Pages.

The Microphone Handbook -

John Eargle 1982

Forthcoming Books - Rose Army
1996-06