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[Weight Watchers Meals in Minutes Cookbook](#) - 1995-10

[My Thai Cookbook](#) - Tom Kime 2017-10-24

This inspiring and beautifully photographed cookbook brings the vibrant and flavorful cuisine of Thailand to home cooks everywhere. Featuring a range of recipes that explore this beloved cuisine's four main

groups of taste—hot, sweet, salty, sour—author Tom Kim shows how simple it is to prepare authentic Thai dishes in your kitchen. My Thai Cookbook presents the easy-to-follow tenants for preparing authentic Thai food. In these pages, you'll find all the traditional dishes and specialties of Thailand, from favorite snacks and street food

to curries, noodle salads, and soups— plus all the basics like curry pastes, relishes, hot sauces, marinades, and more—simplified for contemporary home cooks. The well-curated recipes respect tradition but have been adapted to the modern kitchen. You'll also find features on must-have spices, menu ideas, and a glossary of key ingredients. Discover the hallmark flavors, dishes, and accessibility of Thai cuisine with *My Thai Cookbook*. Sample recipes include: Hot & Sour Grilled Beef Salad Shrimp, Basil & Lemongrass Salad Tom Kha Gai Sweet & Crispy Pork Spare Ribs Sesame-Seared Tuna with Ginger Turmeric Grilled Whole Fish Hot & Sour Orange Curry Phad Ki Mow Banana & Coconut Pancakes Pineapple, Lime & Mint Crush

[The Biopolitics of Gender](#) - Jemima Repo 2016
This title provides a theoretically and methodologically new and distinct approach to gender through the frameworks of

biopolitics and genealogy, theorising it as a historically specific apparatus of biopower. Through the use of a diverse mix of historical and contemporary documents, the book explores how the problematisation of intersex infant genitalia in 1950s psychiatry propelled the emergence of the gender apparatus in order to socialise sexed individuals into the ideal productive and reproductive subjects of White, middle-class postwar America.

On Learning Golf - Percy Boomer 2012-04-25

The War & Peace of golf. A quaint old classic from 1946, with an intro by the Duke of Windsor. It's good advice, and seriously, this game has hardly changed a whit in 50 years!

[Elections 2014](#) - Ed Schulz-Herzenberg 2015-02-01

As voters articulate their judgments of the parties and leaders in their fifth democratic election, *Election 2014 South Africa: The Campaigns, Results & Future Prospects* provides a platform for in-depth discussion and

analysis of party campaigns, voting patterns, and election results of the 2014 general elections. Following the tradition of previous volumes that cover South Africa's national and provincial elections since 1994, this book draws on the expertise of renowned authors to cover important aspects of the election, including the major political party campaigns, the media's coverage of the campaigns, the latest trends in political participation and party fortunes, gender dynamics, the black middle class, as well as insights into the voter and public opinion on the eve of the election. Readers are presented with more than a mere study of a single election; they are also presented with a contemporary understanding of electoral politics and democracy in South Africa over two democratic decades and reflections on how elections strengthen the quality and prospects for democracy.

The Spirit of Homoeopathy - Rajan Sankaran 1999

First Book for the Guitar - Frederick M. Noad

Contraception - John Guillebaud 2004

This volume provides a primary source of information about reversible methods of contraception in a question and answer format. This edition covers new developments including the patch, injection, the mini pill and Cerazette and incorporates the new guidance on 'missed pills' from the WHO.

Memoirs of a Fellwanderer - Alfred Wainwright 2003

These memoirs of the great fellwalker Alfred Wainwright, author of the Pictorial Guides to the Lakeland Fells and many other volumes of walking guides and sketchbooks, are full of his thoughts on life and on his experiences on the fells. Wainwright writes about his boyhood in Blackburn, his work and interests as a young man, and the visit to the Lake District at the age of 23 which kindled in him a lasting passion for the fells. He reveals how he set about researching and compiling the Pictorial Guides,

the labour of love which occupied so many years of his life. For walkers and other lovers of the Lakeland fells, this is a great read.

Weight Watchers New Complete Cookbook (Slow Cooker Bonus Edition) -

Weight Watchers 2012-12-10

The trusted classic from Weight Watchers, now with a bonus section of 40 slow cooker recipes The most trusted name in healthy lifestyle, Weight Watchers leads the way to eating well—and losing weight. Packed with 500 recipes for every occasion, this book is delicious proof that healthy eating means you don't have to give up your favorite foods. It's so easy to enjoy meals with family and friends—holidays or everyday—with these tempting recipes that both beginners and experienced cooks will love. This newest edition has everything you'll need to cook—and eat—in a healthier way: included is a new chapter with slow cooker recipes, hundreds of tips, helpful how-to photography, sidebars filled

with must-have advice, and plenty of fresh ideas for breakfast, lunch, dinner, and beyond. An added feature: all recipes have been tagged for skill level. This book has been completely redesigned and boasts all new photography. And, of course, this revised edition includes the latest information on the popular and successful Weight Watchers program. Includes more than 60 gorgeous full-color recipe photos and instructive how-to images Features more than 500 recipes, including essential basics, breakfasts, lunches, soups and stews, vegetarian meals, baked goods, and desserts Now with more whole grain and vegetable dishes that help you eat healthier and stay full longer With a bonus section of 40 slow cooker recipes

Plasminogen: Structure, Activation, and Regulation -

David M. Waisman 2012-12-06

This volume showcases the most important developments in the area of plasminogen regulation. The book is composed of about 16 chapters

dealing with a range of topics including the mechanisms of activation of plasminogen, the structure of plasminogen and plasminogen activators, the role of plasminogen in various physiological and pathological processes (such as tumor growth and progression, wound healing and fibrinolysis) and the interrelationship of the plasmin/MMP proteolytic systems.

Histoire Naturelle Des Etres Vivants - Ephrem Aubert
2019-02-28

This work has been selected by scholars as being culturally important, and is part of the knowledge base of civilization as we know it. This work was reproduced from the original artifact, and remains as true to the original work as possible. Therefore, you will see the original copyright references, library stamps (as most of these works have been housed in our most important libraries around the world), and other notations in the work. This work is in the public domain in the United States of America, and possibly other nations.

Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. As a reproduction of a historical artifact, this work may contain missing or blurred pages, poor pictures, errant marks, etc. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Weight Watchers Gluten-Free -
Weight Watchers 2015-03-02

There are recipes that are gluten free and recipes that support weight loss but rarely do you find recipes that do both. Now Australia's leading weight-loss experts have created this unique cookbook to help people who want to reduce/avoid gluten and lose weight! This comprehensive cookbook is jam-packed with more than delicious 100 gluten-

free recipes, including those much sought-after cakes, pies and baked goods. Inside are simple recipes for every meal the day, plus expert advice on the relationship between gluten and weight loss, gluten-free cooking tips and much more. Ideal for people with Coeliac Disease, wheat allergy or gluten sensitivity, this fantastic book takes the guesswork out of choosing gluten-free meals and proves losing weight can be easy and delicious.

Angels and Demons in Art -

Rosa Giorgi 2005

This sumptuously illustrated volume analyzes artists' representations of angels and demons and heaven and hell from the Judeo-Christian tradition and describes how these artistic portrayals evolved over time. As with other books in the Guide to Imagery series, the goal of this volume is to help contemporary art enthusiasts decode the symbolic meanings in the great masterworks of Western Art. The first chapter traces the development of images of the

Creation and the Afterworld from descriptions of them in the Scriptures through their evolution in later literary and philosophical works. The following two chapters examine artists' depictions of the two paths that humans may take, the path of evil or the path of salvation, and the punishments or rewards found on each. A chapter on the Judgment Day and the end of the world explores portrayals of the mysterious worlds between life and death and in the afterlife. Finally, the author looks at images of angelic and demonic beings themselves and how they came to be portrayed with the physical attributes--wings, halos, horns, and cloven hooves--with which we are now so familiar. Thoroughly researched by and expert in the field of iconography, Angels and Demons in Art will delight readers with an interest in art or religious symbolism.

Larousse Traditional French Cooking -

Curnonsky 1989

The classic authoritative guide to French cooking contains over a thousand recipes for all

occasions, a guide to French wines, and advice on French table settings

Native American Survival Skills

- W. Ben Hunt 2010-02

A handbook for outdoorsmen who want to learn from Native American traditions.

Perplexities - Ricarda Denzer 2013

Haiti - Ron Haviv 2010-06-01

A unique, arresting and versatile document of the traumatic earthquake which hit Haiti in 2010 and its aftermath. Encased in a cardboard box, the project comprises 16 unbound posters and a map page which draws attention to the epicentre and its rippling impact on the population of the island. The unique format allows the viewer to absorb each page individually or to hang the entire project. The visual testimony to the events of the the first days after the event are provided by award-winning photographer Ron Haviv and the essay by esteemed writer Simon Winchester.

Leadership for a Better

World - NCLP (National Clearinghouse for Leadership Programs) 2016-11-14

The essential guide to the theory and application of the Social Change Model Leadership for a Better World provides an approachable introduction to the Social Change Model of Leadership Development (SCM), giving students a real-world context through which to explore the seven C's of leadership for social change as well as a approaches to socially responsible leadership. From individual, group, and community values through the mechanisms of societal change itself, this book provides fundamental coverage of this increasingly vital topic. Action items, reflection, and discussion questions throughout encourage students to think about how these concepts apply in their own lives. The Facilitator's Guide includes a wealth of activities, assignments, discussions, and supplementary resources to enrich the learning experience whether in class or in the co-

curriculum. This new second edition includes student self-assessment rubrics for each element of the model and new discussion on the critical roles of leadership self-efficacy, social perspective, and social justice perspectives. Content is enriched with research on how this approach to leadership is developed, and two new chapters situate the model in a broader understanding of leadership and in applications of the model. The Social Change Model is the most widely-used leadership model for college students, and has shaped college leadership curricula at schools throughout the U.S. and other countries including a translation in Chinese and Japanese. This book provides a comprehensive exploration of the model, with a practical, relevant approach to real-world issues. Explore the many facets of social change and leadership. Navigate group dynamics surrounding controversy, collaboration, and purpose. Discover the meaning of citizenship and your

commitment to the greater good. Become an agent of change through one of the many routes to a common goal. The SCM is backed by 15 years of research, and continues to be informed by ongoing investigation into the interventions and environments that create positive leadership development outcomes. Leadership for a Better World provides a thorough, well-rounded tour of the Social Change Model, with guidance on application to real-world issues. Please note that The Social Change Model: Facilitating Leadership Development (978-1-119-24243-7) is intended to be used as a Facilitator's Guide to Leadership for a Better World, 2nd Edition in seminars, workshops, and college classrooms. You'll find that, while each book can be used on its own, the content in both is also designed for use together. A link to the home page of The Social Change Model can be found below under Related Titles.

For Mike's Sake - Janet Dailey
2014-04-01

The New York

Times–bestselling author’s Americana series transports you to the rainy streets of Seattle, where a divorced mom finds new love—with her ex. Discover romance across America with Janet Dailey’s classic series featuring a love story set in each of the fifty states. Since her divorce was final, Maggie Rafferty has lived for one man only: her ten-year-old son, Mike. A spunky kid who’s just old enough to protest his mother’s kisses, he’s processing the divorce by focusing on Little League. No amount of Seattle rain will keep Maggie from being at every practice—but it’s not just Mike she’s excited to see. Mike’s coach, the handsome and kind Tom Darby is the sort of man Maggie could imagine a future with. But just as she feels ready to explore romance again, Mike’s father returns—reviving old feelings Maggie thought were buried forever.

Selected Piano Studies - Carl

Czerny 2012

A Scientific Method of Eating Your Way to Health - Arnold Ehret 1924

Social Work in Europe - Charlotte Williams 2017-07-07

It is an acknowledged if not accepted fact that all European societies are being fundamentally transformed, and indeed perceptively unsettled, by increased migrations across nations and by the asserted presence of established minorities within their borders. The scale and speed at which these transformations have taken place have brought in their wake considerable social impacts and no small measure of fear and anxiety. Encounters with such diversity are part and parcel of the social work task, and learning how to negotiate them should be a de facto aspect of the training and continuous professional development of social workers and other social professions. However, the moral and political dimensions of the role,

scope and nature of the social work task in responding appropriately to these changed and changing realities are rather more contested. This volume addresses many dimensions of the response to issues of race and ethnicity in social work practice in Europe. It extends the debates on intercultural and race equality practice in social work through a stimulating and innovative collection of contributions. This book was originally published as a special issue of the *European Journal of Social Work*.

Feather to Fire - Gregory Colbert 2007

Preface and postf. of v. 1 in English and Japanese; pref. of v. 2-4 in English.

The Last Mermaid - Shana Abé 2008-04-29

Shana Abé has entranced countless readers with her passion-filled novels of adventure, intrigue, and romance. Now the author of *The Secret Swan* delivers a gift from the sea: three hauntingly beautiful tales connected by a legend, a locket, and a love

beyond time. 531 a.d.: The tiny island of Kell is said to be enchanted, inhabited by an extraordinary creature who comforts shipwrecked sailors passing into the next world. Prince Aedan of the Isles believes in no such nonsense—until he awakens on Kell itself and meets the sensuous siren who rescued him from the sea. 1721: Ronan MacMhuirich, Earl of Kell, is the target of an unlikely assassin: Leila, a mysterious woman from an exotic land. But his irresistibly beautiful would-be slayer is in just as much danger as Ronan when she falls for this man with a magic of his own. 2004: What do you do when you inherit a Scottish island you never knew existed—and find yourself pursued by a handsome stranger who wants to buy it from you? That's what happens to Ruri Kell when she accepts Iain MacInnes's invitation to visit her birthright, and listens to a proposition as sinfully tempting as everything else about him. Three seductive love stories, three passionate

couples, all linked by one of the most romantic myths of all.

I've Seen Santa! - David Bedford 2007-09

It's Christmas Eve and Little Bear can't wait for Santa to deliver his presents. But Little Bear doesn't want to go to sleep. He wants to see Santa. Suddenly he hears something. Is someone downstairs!

Form, Function, and Design

- Paul Jacques Grillo 1960

A renowned French architect provides an analysis of the sources, elements, and significance of design. Bibliogs

Weight Watchers Favorite

Homestyle Recipes - Weight Watchers International 1994

A treasury of 250 of the best recipes submitted to a Weight Watchers contest features recipes for such dishes as No-Guilt Potato Salad, Blueberry-Orange Muffins, Curried Carrot Soup, and Banana French Toast. Reprint. 150,000 first printing.

Weight Watchers New Complete Cookbook - Weight Watchers 2006-02-13

The Healthy Cook's Best Kitchen Companion Eating well

and losing weight have never been easier - or more delicious!

This comprehensive Weight Watchers cookbook is packed with more than 500 fresh and flavorful recipes for every meal and virtually every occasion.

With countless cooking tips, helpful how-to's, and sixty color photographs, Weight Watchers New Complete Cookbook is the all-in-one kitchen resource you'll turn to again and again for great ideas and inspiration.

Whether you're looking for a quick and easy weeknight dinner or something special to spice up a weekend brunch, you'll find a variety of recipes to choose from on every page.

How about tasty Chicken Fajitas, smoky Roasted Broccoli with Cumin-Chipotle Butter, or rich Chocolate Fondue? With choices like these, ranging from classic comfort foods to zesty international dishes, boredom is never on the menu.

Throughout, Weight Watchers nutrition and cooking experts offer you simple, flexible ways to achieve your weight loss goals without giving up favorite

foods. So get cooking today with Weight Watchers New Complete Cookbook - and enjoy! Here's what is inside: More than 500 healthy recipes, including Core Plan recipes and POINTS values for every recipe. Information on Weight Watchers popular Flex Plan A brand-new holiday baking chapter, with recipes from around the world Handy recipe icons (for Core Plan, 20 minutes or less, spicy, and 5 POINTS values or less) Complete nutrition information - including trans fats Valuable tips, how to's, substitutions, and leftover ideas And much more

The Pregnant Man - Roberto Zapperi 1991

This book is a most exciting and unusual study of cultural history. The idea of the pregnant man, redolent of bawdy jokes and sexual fantasy, has inspired European literature and folklore since ancient times. Traces of the theme, both comical and disturbing, are found not only in the wealth of tales from Italy, France, Germany, Russia,

Finland and other European Countries, but also in the Hebrew and Islamic traditions.

The Discovery of Heaven -

Harry Mulisch 2011-01-01

'One of the most entertaining and profound philosophical novels ever written'

Washington Post On a cold night in Holland two men meet and change each other's lives forever. Max Delius - a hedonistic, yet brilliant astronomer who loves fast cars, nice clothes and beautiful women - picks up Onno Quist, a cerebral chaotic philologist who cannot bear the ordinariness of everyday life. Despite their differences, they fast become great friends. And when they learn they were conceived on the same day, it is clear that their meeting is no coincidence. As the pair fall into and out of love with the same woman - Ada - so their lives become further intertwined. For all three are on a mysterious journey destined to shape human history. The Discovery of Heaven is internationally recognized as a masterpiece.

Rich in philosophical, psychological, historical and theological enquiry, it is an extravagant, bold and satisfying novel of ideas. 'Sparkling, irresistible . . . you'll learn a lot from this novel' The Times 'Anyone who reads The Discovery of Heaven will come away enlightened, challenged and entertained' Wall Street Journal 'Written carefully and ingeniously by a novelist who is also a poet' John Updike, New Yorker

Frogs (New & Updated Edition) - Gail Gibbons

2021-02-09

Growing from tiny tadpoles to massive master jumpers, frogs and their life cycles are fascinating. How far can frogs jump? Why do their eggs look slimy? Answer these questions and many more in this illustrated introduction to amphibians. With her signature bright, well-labeled diagrams and simple text, Gail Gibbons introduces the habitat and life cycles of frogs and gives an overview of common frog behaviors. Important biology vocabulary is introduced,

defined, and reinforced with kid-friendly language and clear illustrations--plus a page of intriguing frog trivia and clear diagrams that show how frogs are different from toads. Bonus material is included about the unique role frogs play in the environment.

One Tribe at a Time - Jim Gant
2014-03-26

"Major Jim Gant, a man seen by many of us as the 'perfect insurgent,'--an inspiring, gifted, courageous leader... --

GENERAL DAVID H.

PETRAEUS (U.S. Army, Ret.)

THE PAPER THAT ROCKED

OSAMA BIN LADEN Team

members during the May 2,

2011 U.S. military raid that

killed Osama Bin Laden seized piles of Al Qaeda intelligence.

One piece of evidence found in

Bin Laden's personal sleeping

quarters was an English

language copy of Jim Gant's

One Tribe at a Time. It

contained notes in the margins

consistent with others

identified as written by Osama

Bin Laden. A directive from

Osama Bin Laden to his

intelligence chief was also

discovered. It identified Jim Gant by name as an impediment to Al Qaeda's operational objectives for eastern Afghanistan. Bin Laden ordered that Gant be assassinated. "[One Tribe at a Time] was hugely important...at a time when I was looking for ideas on Afghanistan...[Gant] was the first to write it down, in a very coherent fashion, very readable, very encouraging frankly...and there is enormous power in that." --General David H. Petraeus (U.S. Army, Ret.) quoted in American Spartan: The Promise, The Mission, and The Betrayal of Special Forces Major Jim Gant by Ann Scott Tyson Washington Post reporter Ann Scott Tyson read "One Tribe at a Time," and - informed by her combat experience in Afghanistan and Iraq and her eight years as a reporter in China - she realized that Jim's paper made sense. She decided to write a story about Jim entitled, "Jim Gant, the Green Beret who could win the war in Afghanistan." After the article appeared in January

2010, as Jim was in Washington, D.C., attending Pashto language training, he met Ann and the two fell in love. She followed his mission in Afghanistan and wrote AMERICAN SPARTAN: The Promise, the Mission, and the Betrayal of Special Forces Major Jim Gant.

Preparing for the Biology

AP Exam - Fred W. Holtzclaw
2009-11-03

Key Benefit: Fred and Theresa Holtzclaw bring over 40 years of AP Biology teaching experience to this student manual. Drawing on their rich experience as readers and faculty consultants to the College Board and their participation on the AP Test Development Committee, the Holtzclaws have designed their resource to help your students prepare for the AP Exam. * Completely revised to match the new 8th edition of Biology by Campbell and Reece. * New Must Know sections in each chapter focus student attention on major concepts. * Study tips, information organization ideas and misconception

warnings are interwoven throughout. * New section reviewing the 12 required AP labs. * Sample practice exams. * The secret to success on the AP Biology exam is to understand what you must know—and these experienced AP teachers will guide your students toward top scores! Market Description: Intended for those interested in AP Biology.

The Bad-news Report Card - Nancy Poydar 2006

Fearing that her report card will not contain good news, Isabel tries to devise a way to hide it from her parents.

Weight Watchers One Pot Cookbook - Weight Watchers 2013-03-07

One pot and you're done—delicious recipes using everyday kitchen equipment With every day so busy, wouldn't you just love to throw everything in one pot and have dinner ready? With Weight Watchers® One Pot Cookbook, you'll find 300 super-tasty and healthy one-dish recipes that the whole family will love. These no-fuss recipes are more

than just easy—they are healthy and nutritious, as they come from the culinary experts at Weight Watchers. You'll find over 300 delicious and comforting one-pot recipes that include casseroles, pastas, soups and stews, light stir-fries, and desserts—all accompanied by 100 beautiful, 4-color photographs. Organized by type of cooking vessel—everything from casserole dishes, skillets, woks, saucepans, slow cookers, pressure cookers, even specialty equipment such as fondue pots—this book lets you make the most of your kitchen tools while cooking delicious meals for the whole family. Also included in this ultimate cookbook: All recipes include nutrition information and Weight Watchers PointsPlus values Extra Healthy Tips provide easy suggestions for additions to the recipes Tons of introductory information on each type of pot—from skillets to slow cookers—is also included For great-tasting, nutritious meals that are easy to prepare and quick to clean

up, turn to Weight Watchers One Pot Cookbook.

Survival Skills of the Native Americans - Stephen Brennan
2016-10-04

Become a pro at living and thriving off the land. Survival Skills of the Native Americans is a fascinating, practical guide to the techniques that have made the indigenous people of North America revered for their mastery of the wilderness. Readers can replicate outdoor living by trying a hand at making rafts and canoes, constructing tools, and living off the land. Learn key skills like: Building a strong campfire Learning to hunt and butcher your meats Creating a safe and solid shelter And much more! Whether you're an avid outdoorsman or a novice hiker, Survival Skills of the Native Americans is your handbook to not simply surviving the outdoors, but flourishing. The know-how of the Native Americans is unique and popular, admired by young people, historians, and those with a special interest in living

off the land. Native Americans have lived outdoors for ages, and now you can be successful, too, with the skills, tips, and tricks included in this handy manual. Skyhorse Publishing is proud to publish a broad range of books for hunters and firearms enthusiasts. We publish books about shotguns, rifles, handguns, target shooting, gun collecting, self-defense, archery, ammunition, knives, gunsmithing, gun repair, and wilderness survival. We publish books on deer hunting, big game hunting, small game hunting, wing shooting, turkey hunting, deer stands, duck blinds, bowhunting, wing shooting, hunting dogs, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

How Cool Brands Stay Hot -
Joeri Van Den Bergh
2013-03-03

How Cool Brands Stay Hot reveals what drives Generation Y, the most marketing savvy and advertising-critical generation, and how you can develop the right brand strategies to reach this group which, at three times the size of Generation X, has a big impact on society and business. Packed with qualitative and quantitative research plus creative ideas on how to position, develop and promote brands to the new consumer generation, it explains the five crucial steps or dimensions on how to stay a cool youngster brand. The first edition of How Cool Brands Stay Hot won the prestigious 2012 Berry-AMA Book Prize for the best book in marketing and Expert Marketer's Marketing Book of the Year 2011. This fully updated second edition incorporates additional years of extensive research and includes new case studies and 18 interviews with global brand and marketing executives of successful brands such as Converse, Heineken, Diesel, Coca-Cola, MasterCard, eBay,

and the BBC.

The Winter Ghosts - Kate Mosse 2011-02-03

From the New York Times bestselling author of Sepulchre and Labyrinth-a compelling story of love, ghosts and remembrance. World War I robbed England and France of an entire generation of friends, lovers and futures. In Freddie Watson's case, the battlefields took his beloved brother and, at times, his peace of mind. In the winter of 1928, still seeking some kind of resolution, Freddie is travelling through the beautiful but forbidding French Pyrenees. During a snowstorm, his car spins off the mountain road. Freezing and dazed, he stumbles through the woods, emerging in a tiny village, where he finds an inn to wait out the blizzard. There he meets Fabrissa, a lovely young woman also mourning a lost generation. Over the course of one night, Fabrissa and Freddie share their stories. By the time dawn breaks, Freddie will have unearthed a tragic mystery that goes back through the

centuries, and discovered his own role in the life of this old remote town. By turns thrilling, poignant, and haunting, this is a story of two lives touched by war and transformed by courage.

The Complete Guide to Figure Drawing for Comics and Graphic Novels - Dan Cooney
2012

Suitable for all abilities, from complete beginners to experienced artists. Covers all essential elements of making sequential art, including concept and composition, characters and backgrounds, expressions, emotion, atmosphere and action. This book gives