

Leaving The Past

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Live Like There's No Yesterday - John F. Westfall 2021-05-18

What if yesterday never happened? What if you were free from your old hurts, trauma, sadness, and mistakes? What if you could be healthier, happier, and freer to be yourself? What if your life could be transformed just by changing your mind? It can. Drawing on the call in Romans 12 to Òbe transformed by the renewing of your mind,Ó pastor and speaker John F. Westfall shows how you can overcome yesterday in order to live with hope and gratitude today. A self-described "world champion negative thinker," Westfall knows how hard it can be to let go of the past. With great compassion and practical advice, he motivates you to allow the Holy Spirit to change the way you think, releasing you from negative thoughts and destructive patterns. Ready to leave worry, anxiety, and regret behind? Then you're ready to live like there's no yesterday.

Leaving Small's Hotel - Eric Kraft 2012-11-05

At Small's, on a little island off Long Island, Albertine runs the hotel while Peter works quietly on his memoirs, but the future of the hotel, and of every gift Peter dreams of giving Albertine, is in jeopardy. Business has fallen off and the old hotel is falling down. Bills are mounting. Foreclosure looms. What Peter does to save the hotel, his marriage, and possibly his life involves storytelling, friendship, memory, electrical contraptions, and great, abiding love. • "Kraft's take on the national experience is thoughtful, disturbing, and unlike that of any other American writer." — Anthony Brandt, Men's Journal • "Each apparently innocent anecdote chimes with Kraft's broader theme of the imagined life, of its thrilling, enhancing, and ultimately dangerous connection to the real." — Claire Messud, Newsday • "A wonderful matryoshka of a novel . . . with just the sort of spectacular intricacy that makes a business fail and a novel fly." — The New Yorker • LENGTH: novel

The Works of William E. Channing, D.D. - William Ellery Channing 1888

Girl Talk - Wen Robins 2015-03-03

What's preventing you from achieving your goals and living your dreams? Are you stuck in your comfort zone? Or do you lack discipline? Are you easily distracted? Or do you fear failure, success, or the unknown? Are you holding on to negative memories from your past? Or are you shackled by the chains of unforgiveness? Are you afflicted with low self-esteem? Or do you simply need guidance and encouragement to get started? For many reasons, women get stuck in a rut and lose sight of their dreams. This is the first of the Girl Talk series, where the author shares her life experiences in an attempt to motivate and empower women of all ages. Girl Talk: Leaving the Past Behind You gives you the inside scoop on getting past the past, designing your destiny, and living your dreams. It encourages you to step out of your comfort zone and step into the prosperous, hope-filled life that God has destined for you. In the final chapter, Wen shares a story about her personal encounter with an angel she refers to as "JB." The Girl Talk series aims to empower women to be inspired by God to live a purpose-filled life and to reach incredible goals. In a world where media has influenced women to use external beauty to achieve successes, this book reminds you that it is through the transformation of your mind that change occurs and through your thoughts that you become who you are. Stop allowing the pain of your past to hinder your present. Learn to forgive; learn the

importance of positive energy; understand the power of faith and go for it!

Forever with You - Tracey Te Braake 2013-08-20

For sixteen years, Leo has been missing a vital part of his life until it's revealed to him by his grandmother. They've always tried to protect him from the truth to keep him safe but what happens when it becomes vital to the choices he makes which will direct his path? Olivia's tried everything she can to help her young grandson keep on the straight and narrow but when he is caught stealing what is she to do? Will learning the truth about what happened to his parents get him to change his ways or will he forever be doomed to destruction? The choices he makes from this point on not only affect him but those around him as well.....

Leaving Lymon - Lesa Cline-Ransome 2020-01-07

A companion novel to Finding Langston, recipient of a Coretta Scott King Writing Honor and winner of the Scott O'Dell Award for Historical Fiction. Behind every bad boy is a story worth hearing and at least one chance for redemption. It's 1946 and Lymon, uprooted from his life in the Deep South and moved up North, needs that chance. Lymon's father is, for the time being, at Parchman Farm--the Mississippi State Penitentiary--and his mother, whom he doesn't remember all that much, has moved North. Fortunately, Lymon is being raised by his loving grandparents. Together, Lymon and his grandpops share a love of music, spending late summer nights playing the guitar. But Lymon's world as he knows it is about to dissolve. He will be sent on a journey to two Northern cities far from the country life he loves--and the version of himself he knows. In this companion novel to the Coretta Scott King Honor winning Finding Langston, readers will see a new side of the bully Lymon in this story of an angry boy whose raw talent, resilience, and devotion to music help point him in a new direction. A Kirkus Reviews Best Book of the Year A Junior Library Guild Selection! Named a Best Multicultural Children's Book by the Center for the Study of Multicultural Children's Literature A Bank Street Best Children's Book of the Year! A Bulletin of the Center for Children's Books Blue Ribbon Book Praise for Finding Langston, a Coretta Scott King Honor Book and winner of the Scott O'Dell Award for Historical Fiction "There aren't any explosions in this spare story. Nor is there a happy ending. Instead, Langston discovers something more enduring: solace."--The New York Times * "this crisply paced book is full of historical details of the Great Migration and the role a historic branch library played in preserving African American literary culture."--The Horn Book, Starred Review * "This is a story that will stay with readers long after they've finished it."--School Library Journal, Starred Review * "The impact on the reader could not be more powerful. A memorable debut novel."--Booklist, Starred Review * "A fascinating work of historical fiction . . . Cline-Ransome at her best."--Kirkus Reviews, Starred Review * "Finding Langston is about cultural heritage and personal growth and, at its heart, about finding home wherever you land."--Shelf Awareness, Starred Review

Healing Hidden Hurts - Gene Appel 1994

Live Like There's No Yesterday - John F. Westfall 2021-05-18

What if yesterday never happened? What if you were free from your old hurts, trauma, sadness, and mistakes? What if you could be healthier, happier, and freer to be yourself? What if your life could be transformed just by changing your mind? It can. Drawing on the call in Romans 12 to "be transformed by

the renewing of your mind," pastor and speaker John F. Westfall shows how you can overcome yesterday in order to live with hope and gratitude today. A self-described "world champion negative thinker," Westfall knows how hard it can be to let go of the past. With great compassion and practical advice, he motivates you to allow the Holy Spirit to change the way you think, releasing you from negative thoughts and destructive patterns. Ready to leave worry, anxiety, and regret behind? Then you're ready to live like there's no yesterday.

Living Alliances, Leaving Alliances - Franck Orban 2022-01-20

Throughout history, alliances have taken many different forms and they have been difficult to understand in their totality. As we now experience an unprecedented pandemic, which highlights the need for both external alliances between states and internal alliances between governments and populations, understanding alliances is more than ever critical to apprehend an open and interactive world that knows no borders and in which challenges imposed on humans are global. The book "Living Alliances, Leaving Alliances" is an interdisciplinary approach to investigating past, present and future alliances on an interpersonal, subnational, international and transnational level. It is the result of a two-year project by AreaS, a research group in area studies located at the Østfold University College in Norway.

Leaving Abusive Partners - Catherine Kirkwood 1993-08-23

This moving book reshapes our understanding of the nature of woman abuse and makes a major contribution to a key issue for feminist campaigning and theory. The past 25 years of research on battered women has focused on the psychological, sociological and political conditions which contribute to violence, and on women's reasons for staying with violent and abusive partners. The author goes beyond the discourse of victims' and survivors' to offer new insights into the very specific and multifaceted nature of the abuses women experience - "emotional" as well as physical. Drawing on firsthand accounts, Kirkwood sheds new light both on the dynamics of abuse which afford abusers control over women and the resources and knowledge women draw upon to re-empower themselves. Examining first the nature of abuse and then the issues confronted by a woman after she has left an abusive relationship, Kirkwood finds that women's experiences of society after leaving abusive partners are highly interrelated. She develops the concept of a web' to explain how the different elements of abuse connect to make up the experiences of abused women.

[Retired History Teacher Leaving The Past Behind - Notebook](#) - Mika Eriksson 2019-08-12

120 blank Pages on high quality Cream Paper allow you to keep track of all your thoughts, ideas, dates, appointments with your friends or your family. It can be used as Notebook, Book, Personal Organizer, Diary, Journal, Planner, Scrapbook, Column or Sketchbook. It makes a great gift for a birthday occasion or christmas.

Leaving Shadows - Lisa Grekul 2005-12-16

A monograph on English Ukrainian writing. Featuring fresher images of Ukrainian culture in Canada, it concludes with a fresh reading of enduring cultural stereotypes.

Leaving Terrorism Behind - Tore Bjorgo 2008-11-28

This new edited volume expands our understanding of the processes by which individuals and groups disengage from terrorism. While there has been a growing awareness of the need to understand and prevent processes of radicalization into terrorism, disengagement and deradicalization from terrorism have long been neglected areas in research on terrorism. This book uses empirical data to explore how and why individuals and groups disengage from terrorism, and what can be done to facilitate it. The work also presents a series of case studies of disengagement programmes, from Colombia, northern Europe, Italy, Yemen, Saudi Arabia, Indonesia, Singapore and Malaysia, comparing and assessing their various strengths and weaknesses. In light of the lessons learned from these cases, this book describes and explains the potential for new developments in counter-terrorism. This book will be of great interest to all students of terrorism studies, war and conflict studies, international security and politics in general, as well as professionals in the field of counter-terrorism.

Journey to Freedom - Diego Boquer 2016-11

We were not meant to be slaves. God created us to live freely and cherish every moment of life-but then sin came into the world and changed everything for the worse. Sin claims to be the best servant, but it is the worst taskmaster. It lures us into the promise of absolute freedom and then delivers ultimate oppression.

Millions of people have never lived the lives they ought to have lived because they have been enslaved by bad habits or a shameful past. Many have tried to move on to a new life, but the shackles that hold them down are so heavy that they feel impotent to take another step forward. Is there hope? How can we be free indeed? Can we be liberated from bad habits and a shameful past and enjoy a new life in Christ? Yes! It is possible! Journey to Freedom: Leaving the Past Behind and Moving to a New Life demonstrates that Exodus is much more than God taking His people out of slavery; it is also God taking slavery out of His people. You will learn that God can break the shackles that hold you down but that you are not truly free until you decide to get up and walk out of your prison. You will be able to understand that deliverance is something God does for you and that transformation is something God does inside of you. You will learn that beyond taking them to the "Land of the Promise," God wanted to transform them into the "People of the Promise." You will realize that although it is a true account that happened thousands of years ago, Exodus is still applicable and highly relevant for us today. You will be able to identify yourself in Moses, Aaron, the Israelites, and-who knows-perhaps even Pharaoh. I hope you prayerfully consider going on this journey. I strongly believe this may be your first step into the life God has always intended for you.

Leaving the Highway - Mark Williams 2013-10-01

The major New Zealand novelists of the 1980s have begun to receive international acclaim. This first critical study of Janet Frame, Keri Hulme, Witi Ihimaera, Maurice Gee, Ian Wedde, and C.K. Stead concentrates on their important works to explore how deeply-rooted anxieties about New Zealand's cultural situation and national identity are articulated in New Zealand fiction.

Leaving the Past Behind - Hugh D. Phillips 1999

Signs of Life - Joy Elan 2011-12-05

Signs of Life: Past, Present and Future tell stories of the daily life of a lover, student, worker, mother, and many other identities. I am sharing experiences that people go through in this society, whether they are mine or from observing others. These are stories that people can identify with or learn from. The title has several meanings: American Sign Language is one of the languages that I use to communicate and it is a part of my life. The other meaning is for the elements of Earth and the last meaning is for the experiences that occur in peoples lives. The Past is a reflection of who we were and where we came from. The Present is our current state of mind and leaving the past behind to move on to the brighter side of our life. The Future is where dreams come true and all of our hard work is accomplished. Without the Past and Present, there is no Future. I am blessed to share my gift with you.

Leaving the Past - Stephanie Burke 2005-03

Jake Sanders fell in love with Elisabeth Walsh on the day they first met, when they were only fourteen years old. They had grown up together and been best friends and first loves. In the ten years they had known each other, they had been through so much together that Jake thought there was nothing he didn't know about Elisabeth. One night Jake got down on one knee and asked the woman he loved to spend the rest of her life with him. To Jake's surprise, she said no. Elisabeth has said no to Jake and to everyone's surprise, left town. Elisabeth has gone back to deal with a past that no one, not even Jake, ever knew about. The only way Elisabeth can ever move on with the future is to fix the past she left behind, but can she forget about Jake-and can Jake forget about her?

New Direction New Focus - Marc Elliott 2018-04-13

New Direction New Focus is an insightful inspirational book written to encourage and uplift individuals that struggle with day to day inner life battles of oneself. Each chapter examines the growth, beliefs and insecurities of our childhood to adulthood journey. New Direction New Focus also enlightens on how to deal with and change the issues within our lives through the Spirit and presence of God.

Getting Past Your Past - Francine Shapiro 2013-03-26

A totally accessible user's guide from the creator of a scientifically proven form of psychotherapy that has successfully treated millions of people worldwide. Whether we've experienced small setbacks or major traumas, we are all influenced by memories and experiences we may not remember or don't fully understand. Getting Past Your Past offers practical procedures that demystify the human condition and empower readers looking to achieve real change. Shapiro, the creator of EMDR (Eye Movement

Desensitization and Reprocessing), explains how our personalities develop and why we become trapped into feeling, believing and acting in ways that don't serve us. Through detailed examples and exercises readers will learn to understand themselves, and why the people in their lives act the way they do. Most importantly, readers will also learn techniques to improve their relationships, break through emotional barriers, overcome limitations and excel in ways taught to Olympic athletes, successful executives and performers. An easy conversational style, humor and fascinating real life stories make it simple to understand the brain science, why we get stuck in various ways and what to do about it. Don't let yourself be run by unconscious and automatic reactions. Read the reviews below from award winners, researchers, academics and best selling authors to learn how to take control of your life.

Leaving Rollingstone - Kevin Fenton 2014-11-22

"Leaving Rollingstone is the story of how a Twin Cities advertising writer and novelist reclaimed the enduring values and surprising vitality of his small-town Minnesota boyhood" --

[Leaving Home--Finding Home](#) - Jessie C. Mejias 2010-02-26

Leaving Home—Finding Home: My Journey from Shame to Sonship through Journaling is the first book of its kind, showing how God Himself brought inner healing by speaking into one woman's life. In it, author Jessie Mejias shares how God counsels and heals her through journaling. The central theme of Leaving Home—Finding Home is healing through intimacy with God—an intimacy that develops as she writes out her conversations with Him. The author devotes several chapters to her background and childhood, but the heart of the book is Jessie's actual journal. About her decision to share her journal verbatim, she says:

"When the Lord first instructed me to write this book, my natural instinct was to transform the ramblings of my mind and heart into a nice, neat package that the reader could easily follow. However, as I prayed about His instructions, I felt very strongly that He wanted me to demonstrate how I received my healing through journaling itself." Jessie Mejias grew up in what she would have described as an "Ozzie and Harriet" kind of home—loving parents, close siblings, good schools, and a religion that dictated solid values. What she did not know was that beneath the surface lay a shaky foundation of dysfunctional family rules and generational patterns. As a young adult, Jessie watched her neat world crumble when two of her siblings succumbed to mental illness while the family stood by helplessly. Subsequently, her family scattered and she unwittingly married an abusive, alcoholic man. Her disastrous marriage precipitated her decision to give her life to Christ. But despite her newfound faith, at age 27 she found herself a single mother of two young sons. In the ensuing years, Jessie sought and found healing and growth through studying the Bible and receiving Christian counseling. Miraculously, she and her husband were remarried after seven years of separation and divorce. She became involved in teaching and leading Bible studies within her local church and was confident that she was already experiencing the abundant life that God promised to His children. However, when she decided to return to school to earn a degree in Christian counseling, God began to show her that she was still suffering from the traumas of her childhood, and that shame was an integral part of her life that He wanted to remove. This revelation launched her into an unprecedented time of accelerated healing that was to be the inspiration for this book. Leaving Home—Finding Home chronicles that journey from shame to sonship through one-on-one dialogue with God. Shame is a universal problem that is sometimes hard to pinpoint. We describe ourselves as embarrassed, shy, fearful, or hesitant, but we never actually understand that the source of these emotions is shame. Shame is a terrible feeling that we are a mistake; that somehow we were never supposed to exist. The author found that this feeling of shame was so deeply hidden in her heart that it was not until God began to unwrap her from her emotional chains that she could see that this was the true source of her poor self image. Jessie vividly describes her feelings of shame: "It was as if all my life I had been living in a slum that I would leave from time to time to go the nice clean neighborhood down the block—at first for short times, then for longer and longer periods of time—but inevitably I would end up at some point back in this dump. The sight of it would make me sick, but I did not know how to leave it completely behind." God Himself initiated this unique approach to inner healing as He took Jessie back to her childhood home and school and walked with her through each traumatic event of her young life, reaching deep into her heart to show her what was hidden there.

Scars - Keith Edmonds 2020-09-08

In a true story of triumph after trauma, Keith Edmonds recounts his real, raw experiences of child abuse

and the devastating impact it had on his life. His unlikely story of redemption will not only inspire us but teach us how to use our scars, emotional or physical, as the fuel to help us reach our full potential.

Emerging You - Soodabeh Mokry 2021-02-10

The greatest pain in life is your last day on Earth... when the person you became will meet the person you could have become. This book is about the journey of self-love. The path to lead with a heart filled with love, compassion, and peace. Loving yourself does not mean being selfish or self-centered. Loving yourself is powerful. To truly love yourself is to love yourself with the infinite love originating from the Divine Source. Loving yourself allows you to love and accept others. This book features the inspiring story of an Iranian refugee and her journey of self-love; overcoming adversity, finding forgiveness and healing. Living a life filled with passion and purpose will help you create an impact by demonstrating tools for love, compassion, and peace. Soodabeh experienced many challenges living in Iran. She battled with depression when she lost her father to a sudden heart attack at age thirteen. She suffered from brutality at the hands of the Iranian government; she was captured, tortured, and beaten into a coma at the age of nineteen. She experienced eight years of war, and the death of her younger brother in a sudden car accident... two months prior to leaving Iran. When she arrived in America, her marriage of ten years suddenly fell apart. She was left alone with two young children, no money, no family, or friends, and didn't even speak English. Although Soodabeh managed to go back to school again to become a registered nurse in America, she never felt content. To alleviate the emotional and physical pain, she devoted her time and energy searching for answers. She discovered her gift, mission, and soul's purpose as a leader, teacher, and a healer. In this book, Soodabeh shares her heart-warming stories of faith, courage, and healing from her personal life and nursing career. Soodabeh provides step-by-step tools to overcome life challenges, learn to love and accept yourself, overcome self-doubt, and become the best version of yourself. Choose you. Love you. That ultimate choice will take you where you need to be: On the path to discover the new version of you. Emerging You will teach you how you transform your life and yourself to be happy, healthy, and fulfilled in all aspects of life. It's time to create your destiny.

Leaving - Sergio Waisman 2004

Publisher's description: Written in a variety of styles and voices, presented through intersecting plotlines and discontinuous chronologies, Leaving recounts the narratives of migration of a Jewish family, from Poland to Argentina to the U.S. The novel revolves around a young man, inheritor of previous migrations, and his efforts to forge a new beginning-- in English-- without forgetting that his memories and his family stories remain in Spanish.

Putting Your Past in Its Place - Stephen Viars 2011-02-01

Lives grind to a halt when people don't know how to relate to their past. Some believe "the past is nothing" and attempt to suppress the brokenness again and again. Others miss out on renewal and change by making the past more important than their present and future. Neither approach moves people toward healing or hope. Pastor and biblical counselor Stephen Viars introduces a third way to view one's personal history—by exploring the role of the past as God intended. Using Scripture to lead readers forward, Viars provides practical measures to understand the important place "the past" is given in Scripture replace guilt and despair with forgiveness and hope turn failures into stepping stones for growth This motivating, compassionate resource is for anyone ready to review and release the past so that God can transform their behaviors, relationships, and their ability to hope in a future.

Beneficial Instructions Before Leaving Earth - Jawara D. King D.D. 2011-06-20

Indisputably one of the greatest spirituality writers of the last decade, Jawara King continues his groundbreaking work, as he reveals the B.I.B.L.E. Read by many millions of people, acclaimed author Jawara King is one of the world's leading scholars of religious studies, and top philosopher of spiritual transformation. The B.I.B.L.E. offers a clear accounting of the Supreme ruling power of life and is a metaphysical masterpiece sending shockwaves of realization through the spiritual world. Jawara's embodied spirituality in this book to savor provides a unique overview of the origin of politics, government, and religion, and is filled with insight into essential spiritual practices. As one of the most unusual men of our time, Jawara's self-improvement books are reaching people all around the world. "One of the most inspired and uplifting books of all time! A classic spiritual text full of inspiration and faith. This illuminative

literary masterpiece is a wonderful practical spiritual guidebook for deepening the level of consciousness on this planet." "An absolute masterpiece of scholarship and wisdom, showing a way of spirituality for all readers. A masterpiece of spirituality one must have and the only spirituality book you'll ever need. Another Jawara King classic that is nothing short of spectacular!"

Leaving the Past - Jaena Zerner 2016-05-03

For a fifteen-year-old girl, Skye Dacing's life is nothing ordinary with her dad leaving a year ago with a little brother to take care of and a mom who turned to partying and alcohol for support and rarely remembers to bring food home for Sam and Roy (her brother) to eat. Sam thinks she found sanctuary with Andre, a boy living a few blocks down, and falls for him until she realizes he isn't what she thinks he is, and when Sam reports Andre, he vows to get revenge, which leads Skye to stand up and face what her life has turned into.

Addiction to Recovery - David E. McCauley 2016-04-08

This book, *Addiction to Recovery: Unlocking Your Potential*, is an accumulation of existential realization, many resources, years of recovery, education, insights, and years working in the field of addiction, with all adepts in the goal of personal transformation from addiction to recovery. This is an integrative approach to living in wellness of recovery. I vacated my own mind through deep personal process, my own form of meditation, and this book came about. My hope is this book unlocks the potential that advances new insight into the recovery process for each individual by reframing the process in such a way that the right interpretation by the reader will help recovery click into place. What we need to celebrate in recovery is the self-discovery of the individual. I offer my carefully considered overviews and assessments on the best-known treatments (theories) connected to recovery. I have provided a new outlook as a guide for the unwary who had failed at recovery in the past and those just coming into recovery for the first time. I count myself among the autodidacts, the self-taught perpetual student fueled by a passion for new answers and a sense of mission.

No Regrets - Hamilton Beazley 2004-01-13

At last, freedom from burdensome regrets Everyone has regrets. But not everyone can overcome them, even when they interfere with the enjoyment of life. With this book as your guide, you'll learn how to let go of past mistakes, lost opportunities, and failed expectations to live richly in a present filled with hope and new possibilities. This wise, compassionate, and practical guide offers profound insights into the nature of regrets and how to overcome them. Grounded in proven psychotherapeutic and spiritual principles, *No Regrets* brings together the insights of mental health professionals, spiritual teachers, and self-help experts. In *No Regrets*, you'll find: * A structured ten-step program for letting go of burdensome regrets * Powerful spiritual and psychological tools for overcoming regret, including creative visualization, journaling, affirmations, thought analysis, meditation, and sharing with others * Insights into toxic thought patterns that create and support regrets * Persistent myths about forgiveness that keep us trapped in our regrets * Inspiring stories of people who have freed themselves from regret *No Regrets* will show you a way out of the pain, guilt, and shame of the past and how to create a rich and rewarding life in the present. "Hamilton Beazley has the distinct ability to understand the most complex inner workings of the human spirit and mind. *No Regrets* is destined to take its place alongside the other great self-help guides of our time." - Howard J. Shaffer, Ph.D., Associate Professor and Director Division on Addictions, Harvard Medical School

Leaving Beirut - Mai Ghossoub 2014-02-01

A twelve-year-old girl writes an essay that extols revenge to impress her teacher, and is surprised to receive criticism rather than praise. 'Revenge', Mrs Nomy insists, is 'the most cowardly' human behaviour. Years later, having fled Beirut, she reflects upon the devastating role revenge has played in her country. Might she have found it so easy to forgive if she had stayed? Or might she, too, have contemplated retribution? A compelling and humane book, which abounds in courage and compassion. 'One of those rare books that leaves its readers able to breathe more deeply, with a renewed sense that life, for all its cruelties, is beautiful.' Maggie Gee 'A writer, artist and publisher who took her passion for life, controversy and feminism to the streets of Beirut and London.' Malu Halasa, *Guardian* 'A tangled and creative mix of memoir, fiction, recollection, old-fashioned yarn-spinning, postmodern pastiche, literary criticism and methodically plotted political essay.' *Daily Star*, Lebanon 'One of the most poignant testimonies to the Lebanese civil war' Moris Farhi

Mad Scenes and Exit Arias - Heidi Waleson 2018-10-02

From the Wall Street Journal's opera critic, a wide-ranging narrative history of how and why the New York City Opera went bankrupt—and what it means for the future of the arts In October 2013, the arts world was rocked by the news that the New York City Opera—"the people's opera"—had finally succumbed to financial hardship after 70 years in operation. The company had been a fixture on the national opera scene—as the populist antithesis of the grand Metropolitan Opera, a nurturing home for young American talent, and a place where new, lively ideas shook up a venerable art form. But NYCO's demise represented more than the loss of a cherished organization: it was a harbinger of massive upheaval in the performing arts—and a warning about how cultural institutions would need to change in order to survive. Drawing on extensive research and reporting, Heidi Waleson, one of the foremost American opera critics, recounts the history of this scrappy company and reveals how, from the beginning, it precariously balanced an ambitious artistic program on fragile financial supports. Waleson also looks forward and considers some better-managed, more visionary opera companies that have taken City Opera's lessons to heart. Above all, *Mad Scenes and Exit Arias* is a story of money, ego, changes in institutional identity, competing forces of populism and elitism, and the ongoing debate about the role of the arts in society. It serves as a detailed case study not only for an American arts organization, but also for the sustainability and management of nonprofit organizations across the country.

And the Waters Parted - Coraleen 2008-08-01

"CARPEDIA" This story, is an entertaining, relevant fantasy of the human situation and draws on legend from the N.W. Haida Culture, the Quiche Kingdom of Meso-America and the Shamanism of Carpathian Gypsy folklore. Mythic allegory, bridges the rich cultural heritage of these unique and diverse civilizations and layers them into a narrative framed by contemporary circumstance and recognizable location. The characters begin the story in their cultural familiarities, but are soon influenced by the power of a common "will." At that point they are unaware of the others, but each follows the directive of this soul-force, toward what appears to be their own unalterable destiny. They are pursuing a personal spirit journey, but gradually the common attractor begins twisting their lives together. Ancient rituals, myth creatures and primal earth forces guide the chosen toward each other and the common revelation. There develops a strong, persistent suggestion that they are a group of disciples, who will be witness to an event, that will introduce a new civilization of mankind. The individuals begin recognizing what their own contribution will be, and that emerging talent is nurtured toward its critical necessity. There is a metaphoric undercurrent that parallels the intricacies of the character realizations, with important contemporary issues. Circumstance has created a kaleidoscope of events that a population immersed in abundance, checks off like a dream list, but there always seems to be a haunting question at the end of the series. "Carpedia" signals the birth of an idea. The story line is a modern legend that focuses on characters who might exist in everyone's heart and soul. The allegory suggests an interpretation of the elusive reasonability in the greater scheme of each reader's individual biography. Sincerely: Michael Peter Markevich

A Loveless Life - Marcelo Troche 2017-12-14

A Loveless Life is a very sad and thought-provoking story that tells about a person's life in several periods. They cannot overcome these situations with the passage of time and learning the touching facts full of frustration, sadness, laziness and the disrespect of women for thousands and thousands of decades. By not being valued as the great parent this makes them take drastic and violent measures and even some come to give their lives. There are those who resign to live like this until the end. Others have a desire to run towards a better path and find new opportunities, however, they come up against a circle of frustration in which they are enclosed and wrapped in the sentimental part, clinging to a past without thinking about opening doors to a better future. It is necessary to generate a change from parent, childhood, adolescence, schooling in psychological, physical, human value and self-esteem topics. The story goes through the character's life from childhood until adulthood where they have to face their problems from the past to be able to change the present.

No Regrets - Hamilton Beazley 2004-01-02

At last, freedom from burdensome regrets Everyone has regrets. But not everyone can overcome them, even when they interfere with the enjoyment of life. With this book as your guide, you'll learn how to let go

of past mistakes, lost opportunities, and failed expectations to live richly in a present filled with hope and new possibilities. This wise, compassionate, and practical guide offers profound insights into the nature of regrets and how to overcome them. Grounded in proven psychotherapeutic and spiritual principles, No Regrets brings together the insights of mental health professionals, spiritual teachers, and self-help experts. In No Regrets, you'll find: * A structured ten-step program for letting go of burdensome regrets * Powerful spiritual and psychological tools for overcoming regret, including creative visualization, journaling, affirmations, thought analysis, meditation, and sharing with others * Insights into toxic thought patterns that create and support regrets * Persistent myths about forgiveness that keep us trapped in our regrets * Inspiring stories of people who have freed themselves from regret No Regrets will show you a way out of the pain, guilt, and shame of the past and how to create a rich and rewarding life in the present.

"Hamilton Beazley has the distinct ability to understand the most complex inner workings of the human spirit and mind. No Regrets is destined to take its place alongside the other great self-help guides of our time." -Howard J. Shaffer, Ph.D., Associate Professor and Director Division on Addictions, Harvard Medical School

Leaving the Past Behind - Peggy Clevenger 2018-04-23

This book is for women who are struggling to put their past behind them, women who could relate to and begin living for God, women who, like me, are struggling with guilt and shame over things they did and said that could never be taken back and wouldnt be forgotten. I fervently prayed, Lord, give me the wisdom and words I need to help others. When Jesus promised the disciples that the Father would send a counselor to be with those who loved him, he said, But the Counselor the Holy Spirit, whom the Father will send in My name, will teach you all things and will remind you of everything I have said to you (John 14:26 NIV). Praise God that I have the Holy Spirit to counsel me and give me the words that he would have me share with others.

Leaving the Fold - Marlene Winell 2006

Have you been harmed by toxic religion? Learn how to recover and reclaim your life. Psychologist Marlene Winell is uniquely qualified to address the subject of this book. In addition to her personal experience with leaving fundamentalist religion, she has worked with clients recovering from religion for 28 years. She is known for coining the term Religious Trauma Syndrome. Leaving the Fold is a self-help book that examines

the effects of authoritarian religion (fundamentalist Christianity in particular) on individuals who leave the faith. The concrete steps for healing are useful for anyone in recovery from toxic religion. In this book you'll discover: - what you can expect about stages of religious recovery - information about the key issues of recovery - relevant family dynamics - the power of manipulations - motivations for belonging and for leaving religion - specific steps for healing and reclaiming life - further steps for rebuilding life in the present Leaving the Fold is the only self-help psychology book on the subject of religious recovery. The accessible, compassionate writing is ideal for the reader who needs clear information and concrete help. Buy Leaving the Fold and begin your healing journey today

On Leaving - Branka Arsić 2010-04-15

Arsic unpacks Ralph Waldo Emerson's repeated assertion that our reality and our minds are in constant flux. Her readings of a broad range of Emerson's writings are guided by a central question: what does it really mean to maintain that everything fluctuates, is relational, and so changes its identity?

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Forever with You - M. J. Blake 2014-01-24

For sixteen years, Leo has been missing a vital part of his life until it's revealed to him by his grandmother. They've always tried to protect him from the truth to keep him safe but what happens when it becomes vital to the choices he makes which will direct his path? Olivia's tried everything she can to help her young grandson keep on the straight and narrow but when he is caught stealing what is she to do? Will learning the truth about what happened to his parents get him to change his ways or will he forever be doomed to destruction? The choices he makes from this point on not only affect him but those around him as well....