

Authenticity Test Cindy Trimm

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Halftime - Bob Buford 1997-04-15

Bob Buford believes the second half of your life can be better than the first. Much better. But first, you need time to figure out what you want to do with the rest of your life. So he recommends that a reader call 'halftime' to reflect not only on where he's going, but why. In Halftime, Buford focuses on this important time of transition--the time when, as he says, a person moves beyond the first half of the game of life. It's halftime, a time of revitalization and for catching new vision for living the second, most rewarding half of life. As Buford explains, 'My passion is to multiply all that God has given me, and in the process, give it back.' That requires asking important questions: What am I really good at? What do I want to do? What is most important to me? What do I want to be remembered for? If my life were absolutely perfect, what would it look like? Buford fills Halftime with a blend of personal insight, true-life examples, and quotes from those who have successfully navigated the exhilarating and potentially dangerous shoals of midlife. Complete with a discussion guide, Halftime provides the encouragement and wisdom to propel your life on a new course away from mere success to true significance--and the best years of your life.

The 40 Day Soul Fast Leader's Guide - Cindy Trimm 2012-12-18

Get ready to Experience the best 40 days of your life! **Ebook version does not include DVD**
The 40 Day Soul Fast Leader's Guide: Your Journey To Authentic Living is an eight-week study of the life of the soul, the practice of

fasting, and the process of living more authentically. It includes 8 weekly teachings on DVD, leader's guidelines, & additional resources for establishing & facilitating groups. Churches, organizations, small groups, and families are encouraged to travel together on this 40-day journey to greater mental, emotional, and spiritual health. It is a transformational expedition that will lead you on an inward journey to greater health, happiness, and success as you learn to live from the inside out. If everyone who picks up this book takes it upon him or herself to encourage others to participate, we would create an unstoppable movement! You may think that one healed soul cannot heal the world, but it can.

God's Provision For Your Every Need - T. D. Jakes 2013-03-19

God is with you in the desert. Bishop T.D. Jakes gives you proof positive that God not only supplies you with everything you need, but your heavenly Father wants to bless you with refreshing water that will sustain you throughout any wilderness experience. According to Bishop Jakes, "Spiritually we must find a place where the Lord can minister to us in our wilderness--a place where He can instruct us about what to do next. The wilderness is a place of dying, where all the things that cause you to stumble in your walk with God are killed." Then will the lame leap like a deer, and the mute tongue shout for joy. Water will gush forth in the wilderness and streams in the desert (Isaiah 35:6). Find your special place in the wilderness where God will drench you in His life-giving water--you will break forth with a renewed and

courageous spirit!

The Prayer Warrior's Way - Cindy Trimm 2011
"The Prayer Warrior's Way" shows readers that God created people so He would have someone with whom He could communicate and share life.

PUSH - Cindy Trimm 2014-07-01

Your Breakthrough Is Only a PUSH Away
Today's world knows little about perseverance. This is why so few people become innovators, entrepreneurs, and world-changers. Success is bypassed, not due to a lack of opportunity, but because we don't know how to maximize the opportunities in front of us and PUSH - persevere until success happens. In her encouraging and dynamic style, Dr. Cindy Trimm inspires you to go for it. It is one thing to read about the lives of great achievers—it is another thing to join their ranks. Learn how to: • Carry your dreams, visions, and goals "full term" and to complete fulfillment • Exercise the power of faith to overcome the impossible and release God's supernatural purposes into your life • Resist the temptation to 'cave' under pressure and press on even when you don't feel like it anymore • Empower others to fulfill their divine destinies through co-laboring with them "If you dare to believe that God has something great in store for you to do, to accomplish, or to achieve, you must be prepared to persevere in spite of your hardship, setbacks, and challenges in order to realize your dreams and accomplish your goals. This book is written to give you that extra push." —Cindy Trimm

Overcoming Underearning(TM) - Barbara Stanny 2009-10-13

When it comes to money, are you controlled by fear? Do you live in financial chaos? Do you underestimate your worth? Are you ready to go to the next level, but can't seem to get there? If the answer is yes to these questions, you may be an underearner. Underearners are self-saboteurs who never live up to their earnings potential, says Barbara Stanny, a financial educator, motivational speaker, former journalist, and career counselor. Underearners tend to live paycheck to paycheck. They rarely balance their checkbooks and are often in debt. Ironically, many work incredibly hard. Yet they are ashamed to admit that money matters to them. They all have a high tolerance for low pay.

The good news is that underearning is often self-imposed. By focusing on overcoming underearning, you will not only earn what you deserve, but you can live up to your full potential. With techniques and exercises that have helped thousands of people who have participated in her Overcoming Underearning™ workshops, Stanny teaches you five essential steps to financial independence. Once you understand these steps, you will be confident asking for a raise, increasing your prices, or getting a better job. "Now I'm making more than my friends, all because I had the guts to dream and ask for more," says one Stanny fan. First, Tell the Truth: be honest about your financial situation and figure out your attitudes toward money. Second, Make a Decision: decide that you want to make more money. Third, Stretch: take action, face your fears, and be willing to be uncomfortable. Fourth, Create Community by finding supporters and asking for help. Fifth, Respect and Appreciate Money: learn to save and invest. Overcoming Underearning is filled with inspiring, real-life stories of underearners who turned their lives around. Stanny brings a message of empowerment and hope to all those who chronically undervalue themselves. "I'm making more, working less, feeling healthier, have more energy, and I'm so much happier," concludes another Stanny believer.

The Ultimate Guide to the Daniel Fast - Kristen Feola 2010-12-21

With 21 devotionals and 100+ recipes, this book is your ultimate plan of action and toolbox as you commit to the Daniel Fast. You'll not only embrace healthier eating habits, you'll also discover a greater awareness of God's presence. Divided into three parts—fast, focus, and food—this book is your inspirational resource for pursuing a more intimate relationship with God as you eliminate certain foods such as sugars, processed ingredients, and solid fats from your diet for 21 days. Author Kristen Feola explains the Daniel Fast in easy-to-understand language, provides thought-provoking devotions for each day of the fast, and shares more than 100 tasty, easy-to-make recipes that follow fasting guidelines. In a conversational style, Feola helps you structure the fast so you can spend less time thinking about what to eat and more time focusing on God. As Feola writes, "When you

want ideas on what to cook for dinner, you can quickly and easily find a recipe. When you feel weary, you can be refreshed through Bible verses and devotions. When you are struggling with staying committed, you can refer to the information and tools in this book to motivate you."

You Can, You Will - Joel Osteen 2014-09-30
Commit to excellence and celebrate your natural gifts by embracing eight principles for professional and spiritual success from #1 New York Times bestselling author Joel Osteen. In You Can, You Will, these eight undeniable qualities of winners can help you reach your potential and achieve new levels of success in your life: Keep Your Vision in Front of You Run Your Race Expect Good Things Have a Positive Mindset Commit to Excellence Keep Growing Serve Others Stay Passionate You are created to be a winner. Live by Joel Osteen's eight principles and boldly go in the direction of your destiny.

Break Out! - Joel Osteen 2013-10-01
Rise above your greatest trials and discover the power of God's greatness with five simple strategies -- and step into the blessings of your life. We were not created to live average, unrewarding, or unfulfilling lives. God created us to leave our marks on our generations. Every person has seeds of greatness planted within by the Creator. When life weighs upon us, pushes us down, and limits our thinking, we have what it takes to overcome and rise above into the fullness of our destinies. In this dynamic, inspiring and faith-building new book, New York Times bestselling author Joel Osteen provides practical steps and encouragement for creating a life without limitations. This book will help you break out and break free so that you can increase your productivity, improve your relationships, and believe in bigger dreams. Here's how you can move beyond barriers: Dare to believe that the best will happen Adopt an irrepressible "break out" attitude Make room for increase Pray bold prayers Follow God's plan beyond your circumstances Filled with faith and inspiration, Break Out! will challenge you to build a new perspective, let nothing hold you back, and reject any limiting labels. Pastor Osteen will inspire you to see that a life-changing attitude begins in your own mind:

"When you break through in your mind, believing you can rise higher and overcome obstacles, then God will unleash the power within that will enable you to go beyond the ordinary into the extraordinary life you were designed to live."

Unglued - Lysa TerKeurst 2012-08-07
God gave us emotions to experience life, not destroy it! Lysa TerKeurst admits that she, like most women, has had experiences where others bump into her happy and she comes emotionally unglued. We stuff, we explode, or we react somewhere in between. What do we do with these raw emotions? Is it really possible to make emotions work for us instead of against us? Yes, and in her usual inspiring and practical way, Lysa will show you how. Filled with gut-honest personal examples and biblical teaching, Unglued will equip you to: Know with confidence how to resolve conflict in your important relationships. Find peace in your most difficult relationships as you learn to be honest but kind when offended. Identify what type of reactor you are and how to significantly improve your communication. Respond with no regrets by managing your tendencies to stuff, explode, or react somewhere in between. Gain a deep sense of calm by responding to situations out of your control without acting out of control.

Changes That Heal - Henry Cloud 2009-05-26
A down-to-earth plan to help us recover from the wounds of the past and grow more and more into the image of God. Many of us struggle with anxiety, loneliness, and feelings of inadequacy. We know that God created us in his image, but how can we be loving when we feel burned out? How can we be free when we struggle with addiction? Will we ever enjoy the complete healing God promises? Combining his professional expertise and personal experience, renowned psychologist Dr. Henry Cloud guides us through four basic ways to become joy-filled, mature followers of Christ: Connect more deeply with others Separate from others in healthy ways Understand the good and the bad in ourselves and others Grow into greater emotional and spiritual maturity With fascinating case studies and helpful techniques we can start using immediately, Changes That Heal reminds us that God promises to complete his good work in us. Workbook and Spanish

edition also available.

Kingdomnomics - Phil Wiegand 2013-03-01
KingdomNomics begins by asking the question, "How can I enjoy life now, and still live a life that will echo into eternity?" Business investor Phil Wiegand answers that question! He shows, through personal anecdotes and solid biblical guidance, how an ordinary life can become an extraordinary adventure. Each of us, he writes, is given a "loaf" of time, and each new day shortens it by one slice. Will your "loaf" crumble into temporal meaninglessness or rise up with eternal value? Our time, talent, and treasure, the "3 Ts," are being consumed daily. In KingdomNomics, you will discover principles to help you be a wise steward of those "3 Ts." You're making many investments in this life; the moments invested in reading Phil Wiegand's book will bring dividends that will change the scope of eternity for you. Phil is the former CEO and President of T. W. Phillips Gas and Oil Co., and Phillips Resources, Inc., recently purchased by Exxon Mobil Corporation. He graduated from Harvard University, B.A. cum laude, and the University of Pittsburgh Law School, J.D. While serving with Campus Crusade For Christ, he met his wife, Ruth Ann. They have 3 children and 2 grandchildren.

The 40 Day Soul Fast - Cindy Trimm
2011-10-20

Get ready to experience the best 40 days of your life! The 40 Day Soul Fast: Your Journey To Authentic Living is an eight-week study of the life of the soul, the practice of fasting, and the process of living more authentically. It is a transformational expedition that will lead you on an inward journey to greater health, happiness, and success as you learn to live from the inside out—as we are told by Jesus in the book of Matthew: "Ignite the kingdom life within you, a fire within you . . . changing you from the inside out . . . make a clean sweep of your lives" (Matthew 3:11). When all is well with the souls of humanity, all will be well in the world. When you have peace in your soul, you will bring that peace to bear on the world around you—you will become the change you are hoping to see. Churches, organizations, small groups, and families are encouraged to travel together on this 40-day journey to greater mental, emotional, and spiritual health. If everyone who picks up

this book takes it upon him or herself to encourage others to participate, we would create an unstoppable movement! You may think that one healed soul cannot heal the world, but it can. Join the Soul Fast Movement by going to www.soulfast.com. There you will find soul-empowering resources and tools to not only transform your life, but the world! The 40 Day Soul Fast promises to bring the best out of you so that you can impact your world for good. Have the courage to follow your heart! Step out and engage with your authentic self—it will be the best 40 days of your life!

Commanding Your Morning - Cindy Trimm
2010-09-24

Your Words Have Power DIVIf you want your life to change, it all starts with what you think and say. In her authoritative, declarative style, Cindy Trimm helps you achieve victory over your circumstances through spoken declarations that activate God's power. You will put meaning and purpose back into your life when you positively direct your thoughts, words, and actions toward the realization of your goals. Begin each day by commanding your morning. As you do, know that whatever begins with God and His principles, has to end right./div

The Power of the Blood - Mary K. Baxter
2005-01-15

Through her own and others' personal experiences, best-selling author Mary Baxter shows how many lives have been forever transformed by the power of Jesus' blood. Some of the life-changing results that you, too, can experience include: Overcoming the power of sin Walking in divine health and wholeness Living in peace and divine protection Receiving help when tempted Sharing the gospel with others Bringing loved ones to God In an exploration of the Scripture, Mary Baxter leads the reader to a deeper understanding of the purpose and infinite provision of the shed blood of Christ. Whatever your situation, you can have new intimacy with your heavenly Father and receive miraculous answers to your prayers--through the power of the blood.

History Maker - Dr. Cindy Trimm 2017-11-21
The world is suffering from a leadership void Nations are shaking, culture is shifting, and society is restlessly waiting for leaders to arise and take their place in framing a more hopeful

future to shape what will become history. In *History Maker*, bestselling author and empowerment specialist, Dr. Cindy Trimm, presents a groundbreaking new message with a prophetic edge. It's an intelligent and thought-provoking work with a larger-than-religion perspective on the world's beginning and ending with the leadership potential resident within each individual. You will: Learn how your inner world impacts your outer realities Identify patterns and habits that keep you from fulfilling your potential Discover how to unleash the force within you destined to serve a greater good Be empowered to lead change in your community, city, and nation When you step into the soul wholeness that God intended when you allow His purpose to ignite your potential you will become a history-making catalyst of change. *History Maker* is a call for ordinary people to arise and become extraordinary leaders.

Blue Truth - David Deida 2004-11-01

You are deeper than your life shows, and you know it. You are more loving than your relationships allow, more brilliant than your career suggests. In your secret depth of being, you are infinite, creative, boundless and utterly unable to press your full glory into the world. Or so it seems. In *Blue Truth*, David Deida presents a treasury of skills and insights for uncovering and offering your true heart of purpose, passion, and unquenchable love. In Part One, Deida shows you how to open as the entirety of the moment, feeling as deep inside and as far outside as you can, for as long as now opens. In Part Two, he reveals how to walk this path in the wilderness of intimate relationship, illuminating the art and play of sexual gifting, including how to expertly navigate the tangle of anger, jealousy, fear, lust, and much, much more.

"Knowing the truth is fairly useless; feeling it is profound; living it makes all the difference," teaches David Deida. With *Blue Truth*, you have an unprecedented guide for living your own deep truth, and awakening "as the bare openness you are, in the free offering of love to all." *Blue Truth* was named by *Spirituality & Health Magazine* (June 2006 issue) as one of the Best Spiritual Books of 2005, in the Personal Growth category. Praise "Blue Truth is a brilliant book, absolutely gorgeous. Ancient wisdom on sacred sexuality, freed of historical and cultural

trappings, glows from these pages in exhilarating, luminous prose. Deida brilliantly lays bare the hidden psychology of feminine and masculine and offers clear instructions for tapping into our deepest core and achieving true harmony through sexual intimacy. I feel that Deida has reached a new level of poetic genius in his writing, and his understanding of feminine psychology astounds me. I am just knocked out by this book." —Miranda Shaw, PhD, author of *Passionate Enlightenment: Women in Tantric Buddhism* "David Deida is in the dynamic living oral tradition of maverick spiritual teachers who, like free-jazz musicians, can riff directly on Reality, outside of established forms. Mark my words: in a future that I hope is not too far off, David Deida's original Western Dharma will be widely known as one of the most sublime and accessible expressions of the essence of spiritual practice that is freely offered today." —Lama Surya Das, bestselling author of *Awakening the Buddha Within* "The openness, the love! What lively new language David Deida finds for the unsayable." —Coleman Barks, author of *The Essential Rumi*

Financial Abuse - Yvonne Brooks 2020-08-24

Whether you are an individual, a family member, a neighbor, a corporation, the government or the nation, bestselling author Yvonne Brooks explains how you can identify the spirits attached to the misuse of money and how you can self correct to remove current negative attachments and attractions with money. Through *Financial Abuse* and *The Spiritual Forces Attached to the Misuse of Money*, you will...-Discover the spirits behind your misuse of money mindset-Understand why spiritual intelligence is essential for financial success-Grasp the tools necessary for removing negative spirits attached to money-Develop a specific plan toward emotional healing from past financial abuse-Overcome obstacles to achieve daily financial success Your financial success is not dependent on the economy, your family or the government. *Financial Abuse and the Spiritual Forces Attached to the Misuse of Money* provides you with simple and easy to apply principles that will enable you to fulfill your desire to be set free from financial bondage, no matter who you are or what nationality.

Rules Of Engagement - Cindy Trimm

2010-09-24

DIVDIVBeat the devil at his own game and wage warfare with confidence!/div/div

The Making of a Prophet - Jennifer LeClaire

2014-02-18

You've heard the holy call to prophetic ministry. Now what? In this book, leading prophetic voice Jennifer LeClaire guides readers along the journey of a prophet-- from the initial call all the way through to maturity. This "making" process is anything but easy. But LeClaire offers honest, accessible counsel to help you move into your prophetic call. Her spiritual insights will help you overcome the fear of man, identify and eliminate wrong motives and, above all, pursue intimacy with God. Many prophets are called . . . but not everyone endures the "making process" to his or her prophetic destiny. God is looking for people to entrust with the secrets of His heart. Embrace the journey toward your call with this comprehensive, practical guide, and experience the awesome process of being formed into a mouthpiece for the God of the universe. "A clean read filled with good information. LeClaire covers a wide range of issues that affect prophetic ministry, tackling them biblically and with practical wisdom."--R. Loren Sandford, senior pastor, New Song Church and Ministries "Written for this hour! Whether you just have some small inkling or have ministered a long time in the prophetic, there is much wisdom to be mined like treasure from its page. Destined to be a classic for generations to come."--Cindy Jacobs, Generals International; Dallas "Whatever the sacrifice, take *The Making of a Prophet* into your hands and into your heart. I can assure you it will not let you go until your questions are answered."--Steve Hill, evangelist; author, *Spiritual Avalanche*

'Til Heaven Invades Earth - Cindy Trimm 2013
The Anatomy of Intercession will look at the lives of great intercessors, from Abraham and Moses to John "Praying" Hyde, Rees Howells, and John G. Lake, to glean from their lives and teachings insights and principles about the importance and impact of intercessory prayer from a practical perspective.

Woman Evolve - Sarah Jakes Roberts

2021-04-06

A New York Times bestseller! With life lessons

she's learned and new insights from the story of Eve, Sarah Jakes Roberts shows you how past disappointments, struggles, and even mistakes can be used today to help you become the woman God intended. Who would imagine being friends with Eve—the woman who's been held responsible for the fall of humanity (and cramps) for thousands of years? Certainly not Sarah Jakes Roberts. That is, not until Sarah discovered she is more like Eve than she cares to admit. Everyone faces trials, and everyone will mess up. But failure should not be the focus. Your focus should not be on who you were but rather the pursuit of who you can become. In *Woman Evolve*, Sarah helps you understand that your purpose in life does not change; it evolves. Making her mistake in the Garden of Eden, Eve became the first woman to deal with rebuilding her life in the aftermath of her past. Eve knew better, but she didn't do better. With scriptural lessons, Eve as the framework, and Sarah as your guide you will discover and work through: Past issues and insecurities that haunt you Seeing yourself as God sees you and trusting Him with who you really are How to come out of darkness and pursue a real relationship with God Why it's important to truly care for yourself Setting in motion the beautiful seed that God planted in you Your fears and insecurities may have changed how you viewed God, others, and yourself, but in *Woman Evolve*, you can break through and use past mistakes to revolutionize your life. Like Eve, you don't have to live your future defined by your past.

Why Fairy Tales Stick - Jack Zipes 2013-09-13
In his latest book, fairy tales expert Jack Zipes explores the question of why some fairy tales "work" and others don't, why the fairy tale is uniquely capable of getting under the skin of culture and staying there. Why, in other words, fairy tales "stick." Long an advocate of the fairy tale as a serious genre with wide social and cultural ramifications, Jack Zipes here makes his strongest case for the idea of the fairy tale not just as a collection of stories for children but a profoundly important genre. *Why Fairy Tales Stick* contains two chapters on the history and theory of the genre, followed by case studies of famous tales (including Cinderella, Snow White, and Bluebeard), followed by a summary chapter on the problematic nature of traditional

storytelling in the twenty-first century.

Chasing God - Roger Huang 2013-09-01

Chasing God is Roger Huang's gritty, heartfelt story of obedience to God's call to follow Him into the heart of the city. That mission can inspire you! Leaving behind his abusive home in Taiwan, Roger discovered both the American Dream and his French bride, Maite. A dramatic event took place before his very eyes and prompted Roger to rethink his future and his calling. As a couple, Roger and Maite chose not to ignore the plight of the poor and homeless in San Francisco's most impoverished district, the Tenderloin. Since founding City Impact, Roger has led many in discovering the power of prayer, fasting, and serving hands-on in a community starved for hope. Chasing God is a testimony to God's miraculous provision and will challenge you to consider how to serve and care for your own city and community.

Reclaim Your Soul - Cindy Trimm 2014-08-19

*DVD Study is designed as a companion piece to the Reclaim Your Soul Study Guide Take back your personal power! Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. (3 John 2) Have you ever wondered? If everyone wants to succeed, why do so few people become successful? Can certain relationship patterns prevent me from stepping into my destiny? Are there habits or behaviors in my life that keep me from fulfilling my purpose? Develop the skills you need to succeed in life! While The 40 Day Soul Fast focused on the 40 characteristics of an authentic person, now bestselling author and empowerment specialist, Dr. Cindy Trimm delivers her follow-up ?Reclaim Your Soul, which focuses on the 40 behaviors of a resilient person. By going through the Reclaim Your Soul video sessions?either individually or with a group?you will discover how to: Identify destructive relationships in your life and break free from their harmful impact Avoid unhealthy emotional attachments and shield your soul from possible damage Unlock your potential and refuse to settle for anything or anyone that pulls you away from fulfilling your purpose Successful people are resilient people. The key to resiliency is learning how to reclaim your soul each and every day!

The Daniel Fast - Susan Gregory 2011-03-04

"Are you hungry for more of God in your life?"

Discover why millions of men and women throughout the world are rediscovering the ancient discipline of fasting--and, as a result, are encountering God in amazing ways. In this authoritative guide, Susan Gregory, 'The Daniel Fast Blogger' and an acknowledge expert on the popular partial fast inspired by the biblical book of Daniel, guides readers toward a successful fasting experience"--Cover, p. 4.

Chasing God - Angie Smith 2014-01-01

Maybe you've never asked the question out loud, but you've wondered. You do the things that look good on paper: read your Bible, pray, attend study groups and go to church on Sundays. But you aren't convinced you really know Him. Angie Smith understands, because she had run circles around the same paths searching for Him, frustrated at her lack of progress. And she probably would have continued to do so had it not been for one realization that changed everything. She wasn't following God; she was trying to catch up with Him. And without realizing it, you may be as well. It's a distinction that affects every aspect of our lives with Christ, and it begins with learning where we've relied more on man's explanation of God than God Himself. So many requirements, so many rules, and so much guilt where there is supposed to be freedom. It's the reason you wonder if you've measured up, and the nagging voice that tells you you're a failure as a Christian. Three simple words changed everything for Angie, and she believes they can do the same for you. Stop chasing God.

Let it Go - T.D. Jakes 2012-03-01

With Let It Go Bishop Jakes shows us how we can lead an emotionally vital and spiritually healthy life by learning how to forgive and be forgiven. 'Our inability to forgive past offenses robs us of joy, peace, and purpose, poisoning our souls with lethal toxins that drain every area of our life. Just as seemingly harmless, carefree moments spent basking in sunshine can lead to the development of a malignant melanoma, the grudges we harbour can metastasize into a cancer on our souls, eating away at our strength, happiness, and productivity. "If we want to experience a life filled with peace, productivity, and power, then we must practice the art of forgiveness. In order to practice forgiveness, we must learn new styles of conflict resolution and

new forms of anger management. Aware of God's amazing grace, we can now ask him to forgive us as we forgive those who trespass against us. We can love others out of an awareness of how we ourselves have been forgiven by God and loved unconditionally as his child.' Chapter titles include: Cancer of the Soul, Offenses Do Come, Where Did This Come From?, Silence Doesn't Mean Consent, The Power of a Pure Heart, Write It Off, Trust Doesn't Come Easy, Recovery Rate, Uprooted, Available for What's Next, Forgiven for Good.

The 40 Day Soul Fast Study Guide - Cindy Trimm 2012-12-18

Get ready to experience the best 40 days of your life! The 40 Day Soul Fast Participant's Guide: Your Journey To Authentic Living is an eight-week study of the life of the soul, the practice of fasting, and the process of living more authentically. It includes a 40-day workbook, plus weekly DVD viewing guide. Churches, organizations, small groups, and families are encouraged to travel together on this 40-day journey to greater mental, emotional, and spiritual health. It is a transformational expedition that will lead you on an inward journey to greater health, happiness, and success as you learn to live from the inside out. If everyone who picks up this book takes it upon him or herself to encourage others to participate, we would create an unstoppable movement! You may think that one healed soul cannot heal the world, but it can.

Your Own Jesus - Mark L. Hall 2009-08

Why are so many Christians living such empty, fruitless lives? Why is their faith so weak, their character so shallow? Perhaps it's because they have merely inherited someone else's Jesus. They've relied on what their family, friends, or pastors have told them about Jesus rather than discovering the living Lord themselves. A true storyteller and a teacher with a heart for ministry, Mark Hall traces the downward spiral caused by spiritual compromise with the World, and then charts the upward road to wholeness and health that comes when we claim our very own Jesus. When that happens, believers experience authentic fellowship with the one living God. Through fascinating personal stories, scriptural insights, and practical interactive studies, *Your Own Jesus* will set readers free to

live without compromise with the Jesus they come to know intimately and love fully.

Made to Crave Devotional - Lysa TerKeurst 2012-01-21

Most of us know "how to" get healthy. Where things often fall apart is with our "want to." In Lysa TerKeurst's book *Made to Crave*, she helps women find the missing link between our desire to be healthy and the spiritual empowerment necessary to make that happen. But when French fries are so close and God feels so far away, we need more than nineteen chapters to stay motivated and on track. That's why Lysa wrote this daily devotional with sixty inspirational entries. There is plenty of new material not in the original book, as well as your favorite nuggets of wisdom from *Made to Crave*. In this devotional you will find: A daily opening Scripture Thought for the Day Devotion Closing prayer Just like the *Made to Crave* book, this *Made to Crave Devotional* is not a how-to-get-healthy book. It is the road to finding the lasting "want to" that extends far beyond the surface issues of weighing less and wanting to wear a smaller clothes size. There's a spiritual battle going on. It's real. And it's amazing how perfectly the Bible gives us specific ways to find victory over our food struggles. Even for girls who don't crave carrots.

Can You Stand to be Blessed? - T. D. Jakes 2017-04-18

See Yourself as Blessed in Every Season of Life We all want to be blessed. We desire health, happiness, promotion, joy, financial security, peace, good relationships, and every quality signifying that blessing and abundance are flowing in our lives. So how do you continue to live blessed even when you are going through life's valleys? Everyone faces difficult times seasons where we don't feel blessed. God wants to mold and shape you into a person who sees yourself as blessed, not because of your circumstances, but because this is your God-assigned identity! In this classic book from Bishop T.D. Jakes, you will discover how to: walk in a blessed identity, no matter what season or circumstance comes your way. unlock inner strength to persevere, even when you feel like you can no longer go on. exchange your stress and worry for gratitude and thanksgiving. become a person God can trust with Heavens

blessing and abundance. Whether you are standing on the highest peak of victory, or feel like you are sinking into the valley of trial, once you start to see yourself as blessed, you will be positioned to thrive in every season!

Reclaim Your Soul - Cindy Trimm 2014-03-18

Take back your personal power! Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. (3 John 1:2 NKJV) Have you ever wondered... If everyone wants to succeed, why do so few people become successful? Can certain relationship patterns prevent me from stepping into my destiny? Are there habits or behaviors in my life that keep me from fulfilling my purpose? Develop the skills you need to succeed in life! While The 40 Day Soul Fast focused on the 40 characteristics of an authentic person, now bestselling author and empowerment specialist, Dr. Cindy Trimm delivers her follow-up—Reclaim Your Soul, which focuses on the 40 behaviors of a resilient person. Learn how to:

- Identify destructive relationships in your life and break free from their harmful impact
- Avoid unhealthy emotional attachments and shield your soul from possible damage
- Unlock your potential and refuse to settle for anything or anyone that pulls you away from fulfilling your purpose

Successful people are resilient people. The key to resiliency is learning how to reclaim your soul each and every day!

Switch On Your Brain - Dr. Caroline Leaf
2013-09-01

According to researchers, the vast majority--a whopping 75-98 percent--of the illnesses that plague us today are a direct result of our thought life. What we think about truly affects us both physically and emotionally. In fact, fear alone triggers more than 1,400 known physical and chemical responses in our bodies, activating more than thirty different hormones! Today our culture is undergoing an epidemic of toxic thoughts that, left unchecked, create ideal conditions for illnesses. Supported by current scientific and medical research, Dr. Caroline Leaf gives readers a prescription for better health and wholeness through correct thinking patterns, declaring that we are not victims of our biology. She shares with readers the "switch" in our brains that enables us to live happier, healthier, more enjoyable lives where we

achieve our goals, maintain our weight, and even become more intelligent. She shows us how to choose life, get our minds under control, and reap the benefits of a detoxed thought life.

Living Beyond Your Feelings - Joyce Meyer
2011-09-06

The average person has 70,000 thoughts every day, and many of those thoughts trigger a corresponding emotion. No wonder so many of us often feel like we're controlled by our emotions. Our lives would be much improved if we controlled them. In LIVING BEYOND YOUR FEELINGS, Joyce Meyer examines the gamut of feelings that human beings experience. She discusses the way that the brain processes and stores memories and thoughts, and then - emotion by emotion - she explains how we can manage our reactions to those emotions. By doing that, she gives the reader a toolbox for managing the way we react to the onslaught of feelings that can wreak havoc on our lives. In this book, Meyer blends the wisdom of the Bible with the latest psychological research and discusses: the 4 personality types and their influence on one's outlook, the impact of stress on physical and emotional health, the power of memories, the influence of words on emotions, anger & resentment, sadness, loss & grief, fear, guilt & regret, the power of replacing reactions with pro-actions, and the benefits of happiness.

40 Days to Discovering the Real You - Cindy Trimm
2011-10-20

Get ready to experience the best 40 days of your life! 40 Days to Discovering the Real You: Learning to Live Authentically is an eight-week study of the life of the soul, the practice of fasting, and the process of living more authentically. It is a transformational expedition that will lead you on an inward journey to greater health, happiness, and success as you learn to live from the inside out—as we are told by Jesus in the book of Matthew: “Ignite the kingdom life within you, a fire within you . . . changing you from the inside out . . . make a clean sweep of your lives” (Matthew 3:11). When all is well with the souls of humanity, all will be well in the world. When you have peace in your soul, you will bring that peace to bear on the world around you—you will become the change you are hoping to see. Churches, organizations, small groups, and families are encouraged to

travel together on this 40-day journey to greater mental, emotional, and spiritual health. If everyone who picks up this book takes it upon him or herself to encourage others to participate, we would create an unstoppable movement! You may think that one healed soul cannot heal the world, but it can. Join the Soul Fast Movement by going to www.soulfast.com. There you will find soul-empowering resources and tools to not only transform your life, but the world! 40 Days to Discovering the Real You promises to bring the best out of you so that you can impact your world for good. Have the courage to follow your heart! Step out and engage with your authentic self—it will be the best 40 days of your life!

The Priestly Bride - Anna Rountree 2001

When Kingdoms Clash - Cindy Trimm 2012

Helps develop the staying power and endurance to see the plans God has given people through to the end, and gives them the character and confidence to find joy in even the toughest of struggles.

Kingdom Authority - Kynan Bridges 2015-05-09

Even as a young boy, Kynan Bridges understood that he was not alone in this world. He sensed the presence of God, but when he rededicated his life to Jesus in 1996, he also encountered the dark side of the spiritual realm firsthand. For

several months, he was tormented by nightmares, demonic attacks, and the spirit of fear. Little did he know that such demonic attacks on the mind and body were not unique to him. Many people in the church battle with the realm of darkness, yet they remain silent and therefore stuck in its throes, with no knowledge of how to achieve victory. One night, feeling suffocated in his sleep, Kynan called on the only name he knew to call upon: the name of Jesus. Instantly, he was set free from the tyrannical grip of the devil. In that moment, he realized that he had authority over the enemy because the name of Jesus is more than a word used casually in Sunday school—it is the embodiment of the sovereign power of the kingdom of God. Kingdom Authority provides deep biblical insight into the authority that you possess as a child of God. You will discover how to invoke God's Word and the name of Jesus to gain victory over the enemy and take dominion over the powers of darkness and their torments, finding freedom from fear, depression, lust, sickness, poverty, and bondage of all types.

Fasting - Jentezen Franklin 2014-01-07

A guide to biblical fasting discusses how to choose a fast, the connection between fasting and prayer, the essential components of a successful fast, and what to expect mentally, physically, and spiritually.